

MARCH 2018

Visit us online at [3ABN.tv](http://3ABN.tv)

# 3ABN WORLD MAGAZINE

## CALLED to SERVE

Fulfilling God's Appointment

PG 4

*Greg Morikone*  
3ABN Production Manager  
and General Vice President

*Jill Morikone*  
3ABN General Manager

NETWORK  
FEATURE

3ABN  
RUSSIA

PG 6

RECIPE  
CONFETTI  
COUSCOUS

Nyse Collins

PG 15

PLUS: THE BLESSING IS ON THE "GO!"

**4** NEWS & EVENTS  
Called to Serve  
Fulfilling God's Appointment

**6** NETWORK FEATURE  
3ABN Russia

**8** 3ABN TV SCHEDULE

**12** CHANGED LIVES  
Reaching Out in Many Ways

**14** HOW CAN YOU HELP?  
In Obedience to His Command  
The Blessing Is on the "GO!"

**15** 3ABN RECIPES  
Confetti Couscous  
Nyse Collins

**3ABN**  
**WORLD**  
MAGAZINE

Vol. 13 #151  
MARCH 2018

Executive Editor: Jill Morikone  
Managing Editor: Bobby Davis  
Creative Director: Chrystique Neibauer  
Graphic Designers: Adam Dean, Janelle Owen  
Photographer: Svetlana Christian  
Proofreaders: Barbara Nolen, Mitch Owen, J.D. Quinn

3ABN World is a monthly publication. Subscriptions are free and available in the United States. Overseas subscriptions by request. ISSN 1552-4140

**Subscriptions & Feedback**

To subscribe, change your subscription, or send us feedback, please contact us in the following ways:

**By phone:** 618-627-4651 Sun-Sat 8:00 a.m.-11:00 p.m. (CT)

**By mail:** 3ABN Call Center / Attn: Subscriber Services / Feedback, P.O. Box 220, West Frankfort, IL 62896-0220

**By email:** 3abnworld@3abn.org or online at 3ABN.tv

Copyright © 2018, Three Angels Broadcasting Network, Inc. Three Angels Broadcasting Network (3ABN) is a 501(c)(3) nonprofit company. 3ABN is not owned by any person or organization, but is governed, instead, by a board of directors who work very hard behind the scenes to ensure we stay true to our mission and reach people of all cultures and backgrounds. The biblical truths presented on 3ABN are consistent with the teachings of the Seventh-day Adventist Church. All donations are tax-deductible in the United States. Scripture is taken from the New King James Version® unless otherwise noted. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved. Cover Image: Dave Sherwin  
Shutterstock.com/f11photo

618-627-4651      
3ABN.TV | 3ABNSTORE.COM

PRESIDENT'S LETTER | Danny Shelton



Dear 3ABN Family,

I was traveling in the Bahamas recently when a young man who appeared to be in his late 20s approached and called me by name. As I turned around, he came up to me with a great big smile, and said that he'd been watching 3ABN on cable in the Bahamas, and that it had changed his life forever. However, what he said next caught me by surprise. He told me he'd been watching all the presenters on 3ABN, then boldly stated that his new understanding of the three angels' messages of Revelation 14 had changed his life. Now he didn't have to worry about the future! He's dedicated his life to the Lord, and now lives in peace, knowing that God will be there for him all the way to the end.

What a beautiful testimony from this young man! Usually non-Adventists tell me they've learned the truth about the Sabbath, the state of the dead, the health message, and other truths while watching 3ABN. But this young man said it was

*The Lord has raised up 3ABN for such an hour as this to proclaim the three angels' messages with power . . .*

the emphasis put on the three angels' messages by the 3ABN speakers that got him interested in the entire message.

I could talk to you for hours about the many souls from all over the world who are coming to the Lord and joining God's remnant church, but space doesn't allow for that in this short note. The Lord has raised up 3ABN for such an hour as this to proclaim the three angels' messages with power, and we have designated 2018 as the year of proclaiming these messages to the world like never before.

Please join us with your prayers and financial support as we continue to reach the world for Jesus Christ!

May God bless you abundantly more than you could ever ask or think.

*Danny Shelton*

Danny Shelton  
President & CEO

*Perfected*  
**ME**  
*Becoming More Like Jesus*

**WATCH ON 3ABN.TV**

Sundays at 7:30 p.m., Tuesdays at 2:30 a.m.,  
Wednesdays at 2:30 p.m., Saturdays at 6:00 a.m.  
CDT (UTC-5)



**MISSED A PROGRAM?**  
Programs uploaded each week to our YouTube channel.

# CALLED to SERVE

In late 2017, our production manager, Greg Morikone, was appointed general vice president, while retaining his previous position. Then at the end of 2017, Mollie Steenson retired from her general manager position while staying on as a vice president, and with this change, Jill Morikone became our new general manager. When I interviewed Greg and Jill about their new responsibilities, this is what they said:

First of all, Jill was quick to appreciate the guidance she's received. "Mollie is a woman of grace, wisdom, and character who has served this ministry for many years," she says, "and Greg and I feel she has mentored us both. She's like a mom to me, so I'm so happy she continues as a vice president, working on special projects, and hosting *3ABN Today* programs."

Greg agrees. "Mollie has been—and continues to be—an inspiration to me. She has

in their new capacities. "I believe this ministry has been blessed because Danny Shelton has stayed true to God's vision for us to preach the undiluted three angels' messages of Revelation 14," Greg begins.

"And we appreciate the excellent leadership we have from our vice president, Mollie Steenson, and our chief financial officer, Brian Hamilton, too," Jill adds. "We've heard the miracle stories of how God provides for this ministry, but

**"We both want to be servant leaders, and we appreciate every member of 3ABN's family."**

poured so much godly wisdom and advice into my life, as well as into many others."

I find it interesting that Greg and Jill are in striking agreement with each other, and all but complete each other's sentences when I ask how they feel about working

it's another thing to be in the trenches with these leaders and see those miracles take place!

"We both want to be servant leaders, and we appreciate every member of 3ABN's family," she continues. "I believe

Jill is grateful for her dedicated and hardworking office staff that help her keep things running smoothly at our network headquarters.



LEFT: Greg and Jill introduce a live program at the Adventist-laymen's Services and Industries (ASI) Convention. RIGHT: Greg and his team work closely on 3ABN television's busy production schedule.

that God has given each person their own set of talents, gifts, and skills that will make an eternal difference today in the lives of those who will find Jesus as a result of something they saw or heard on 3ABN."

When I asked Danny Shelton about the couple, he said, "I praise God that He sent both Greg and Jill Morikone to the ministry of 3ABN nearly 20 years ago. They are meeting a divine appointment, as they work tirelessly to help carry the torch of light and love to a lost and dying world. Their love for Jesus and their dedication to this ministry is unparalleled. I am so blessed to have them as dear friends and co-workers for Christ!"

## REACHING OUT

Greg and Jill's passion is to continue proclaiming the same undiluted truth in fresh, relevant ways. "I'm really excited about 3ABN's plans to reach younger generations," she says. "We've faithfully proclaimed the undiluted three angels' messages for 33 years, but we're seeing major changes in our culture and the way people watch and listen. We want to maintain the same message, but keep it relevant and fresh, and this includes shorter content that's readily accessible online and can be shared more easily. Some pieces will also have a link to the full-length version, too."

Greg notes that those who search for truth and find 3ABN quickly develop a thirst for more, and engage in deep Bible study. "The truths they see come from God's Word, and not from man's thoughts and interpretations; and that's where the strength of this ministry lies."



Jill agrees wholeheartedly. "We exist to bring light to this dark world, and we have the privilege of partnering with our supporters as we work toward a common goal. I want to say to each of our readers that although we may never meet you face-to-face this side of Heaven, your prayers, financial support, and feedback are as much a part of this ministry as any of us. We want to hear from you, we want to know which programs are a blessing, as well as your suggestions for programs and presenters. *This is your ministry!*"

"I believe we're living in the end times, and biblical prophecies are being fulfilled every day," Greg notes. "3ABN's ministry has sped up considerably, but I expect us to go from fast to super fast, very soon! God is in charge, and we trust He will guide us in the way we should go. He has blessed 3ABN since the beginning, and we're humbled to be instruments in His hands."

Jill reflects for a moment, and then quietly says, "I think of how God could have placed us anywhere, but He chose us to work together in this ministry."

She pauses for a moment as tears well up in her eyes. "To live, to serve, to minister..." her voice trails off as she looks away. "Well, it's such a privilege to work at a place with life-changing value. We want to be who God has called us to be, and I believe that if we remain committed and surrendered to Him, we cannot fail—because we've joined One who knows no failure!"



# ТРИ АНГЕЛА

спутниковый телеканал

**M**uch has happened at 3ABN Russia, and we thank the Lord for His blessings, support, and guidance in the past year. Certainly one of the most inspiring and joyful events for us was the arrival of our 3ABN USA management and guests to celebrate our twenty-fifth anniversary last October.

Before the celebration, Danny Shelton invited Pastor John Carter to lead another evangelistic series in our city, 25 years after his first one in 1992. That initial series resulted in a glorious mass baptism in the Volga River where 2,532 precious souls began their new life with Christ.

For several months, we prayed daily that the Lord would bless his efforts, and make it possible for Pastor Carter and his team to receive missionary visas, without which foreigners cannot preach, according to the new legislation in Russia. Despite all our concern, the Lord cleared the way for Pastor Carter and his entire team to obtain missionary visas, and the evangelistic programs were held at the 3ABN Russia Evangelism Center.

On our opening anniversary celebration night, Danny Shelton's story of how 3ABN first came to Nizhny Novgorod with Pastor John Carter's team brought tears of joy and gratitude to everyone's eyes. A wonderful concert of sacred music with both Russian and American singers

marked the beginning of the Sabbath.

During the Sabbath morning worship service, church leaders from the Euro-Asia Division, West Russian Union, and the Volgo-Vyatskaya Conference of Seventh-day Adventists expressed their deep gratitude to both U.S. and Russian 3ABN leaders and staff for their invaluable contribution to the formation and development of Christian television and radio broadcasting. The large hall of our Russian Evangelism Center could hardly accommodate all those who came, and when asked to stand if they had been baptized during one of Pastor Carter's series, nearly the entire hall rose to their feet.

When Pastor Carter's series began, hundreds attended daily, and the programs were broadcast by 3ABN Russia on our parent company's global television network, as well as on our YouTube channel. At Pastor John Carter's request, we are also producing 2,000 DVD sets of these gospel meetings for distribution through Russian church organizations.

We marvel at how God blessed and expanded the broadcast of our television channel in Russia this past year. Expansion was our goal, so we prayed earnestly that by the end of 2017, we would have at least 100 cable companies broadcasting our television channel around the clock.

And despite all political and religious prejudices, we praise God for allowing us to fulfill this bold dream! By the end of last year, our 3ABN Russia satellite channel was indeed being broadcast by 101 cable operators in 371 cities and towns in Russia, with a potential audience of more than 74 million viewers!

Hope Channel Russia also began broadcasting on the ABS-2 satellite last year, and since about 80 percent of their theological programs are produced by 3ABN Russia, this significantly increased our coverage.

This expansion has been helped tremendously by the amazing interviews we recorded with both religious leaders and secular high-ranking officials. These included members of the administration of the President of the Russian Federation, as well as representatives from different religions. We were also privileged to interview Elder Ted N. C. Wilson, president of the General Conference of Seventh-day Adventists. He thanked us and congratulated 3ABN Russia on 25 years of service to God. These positive comments have done much to help overcome prejudice in the minds of secular people toward 3ABN Russia and toward our Church.

Truly God has blessed His work in Russia, and we look forward to what He will provide for us in 2018! ☺

## 2017 IN NUMBERS

- 1m** additional minutes viewers watched 3ABN Russia over last year.
- 710** TV programs produced
- 199** TV series on the air
- 331** radio programs produced
- 98** radio station affiliates across Russia
- 33** radio series in current production
- 9,903** books and brochures mailed
- 4,840** letters sent
- 3,418** letters and emails received
- 1,180** children's Bible study lessons sent
- 536** adult Bible study lessons sent
- 28** staff members

PDT -2 hours • MDT -1 hour • EDT +1 hour **Red titles are changes effective this month.**  
**CC** = CLOSED CAPTIONED **L** = LIVE PROGRAM **★** = NEW SERIES **↺** = REPEAT OF LIVE PROGRAM



CDT	SUNDAY
2:00a	Pillars of Faith <b>CC</b> 1hr
3:00	Featured Ministries <b>CC</b>
3:30	From Sickness to Health <b>CC</b>
4:00	In the Beginning <b>CC</b>
5:00	Revelation's Ancient Discoveries <b>CC</b> 1hr
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Melody From My Heart <b>CC</b>
7:00	Kids Time <b>CC</b>
7:30	Praise!
8:00	3ABN Today <b>CC</b> 1hr
9:00	Your Favorites by Request <b>CC</b>
9:30	Adventures in Missions <b>CC</b>
10:00	Focus on God's Word <b>CC</b> 1hr
11:00	Inspirational Hour <b>CC</b> 1hr
12:00p	HeartLift <b>CC</b>
12:30	Pressing in to His Presence <b>CC</b>
1:00	A Sharper Focus <b>L</b> 1hr
2:00	Body & Spirit <b>CC</b>
2:30	Tiny Tots for Jesus <b>CC</b>
3:00	3ABN Today LIVE <b>L</b> 2hrs
5:00	The Carter Report <b>CC</b> 1hr
6:00	Sabbath School Panel <b>CC</b> 1hr
7:00	Multitude of Counselors <b>CC</b>
7:30	Perfecting Me <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Celebrating Life in Recovery <b>CC</b> 1hr
10:00	Featured Ministries <b>CC</b>
10:30	Your Favorites by Request <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Secrets Unsealed Presents <b>CC</b> 1hr
1:00	Celebrating Life in Recovery <b>CC</b> 1hr

CDT	MONDAY
2:00a	Revelation of Hope <b>CC</b> 1hr
3:00	Homecoming Camp Meeting <b>CC</b> 1hr
4:00	Table Talk <b>CC</b> 1hr
5:00	Divine Design/Grandma's House <b>CC</b>
5:30	Cook:30 <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	Pressing in to His Presence <b>CC</b>
7:00	Thunder in the Holy Land <b>CC</b>
7:30	Ultimate Prescription <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	House Calls <b>CC</b> 1hr
10:00	Free Indeed <b>CC</b>
10:30	Books of the Book <b>CC</b>
11:00	Sabbath School Panel <b>CC</b> 1hr
12:00p	Behold the Lamb Presents <b>CC</b> 1hr
1:00	Off the Grid <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life (Casio Jones) <b>CC</b>
2:30	Heaven's Point of View (Frank Fournier) <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Tiny Tots for Jesus <b>CC</b>
4:30	Kids Time <b>CC</b>
5:00	Liberty Insider <b>CC</b>
5:30	Your Favorites by Request <b>CC</b>
6:00	Grace Pipeline <b>CC</b>
6:30	Mission 360 <b>CC</b>
7:00	Revelation's Ancient Discoveries <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Spring Camp Meeting 2017 <b>CC</b> 1hr
10:00	The Carter Report <b>CC</b> 1hr
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Multitude of Counselors <b>CC</b>
12:30	Battles of Faith <b>CC</b>
1:00	ASI Conventions <b>CC</b> 1hr

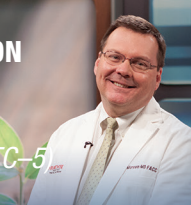
CDT	TUESDAY
2:00a	Optimize 4 Life <b>CC</b>
2:30	Perfecting Me <b>CC</b>
3:00	Melody From My Heart <b>CC</b>
3:30	Free Indeed <b>CC</b>
4:00	House Calls <b>CC</b> 1hr
5:00	Salvation in Symbols and Signs <b>CC</b>
5:30	Wonderfully Made <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	The Heavens Declare <b>CC</b>
7:00	Health for a Lifetime <b>CC</b>
7:30	In the Footsteps of Paul <b>CC</b>
8:00	3ABN Today LIVE <b>L</b> 2hrs
10:00	Pressing in to His Presence <b>CC</b>
10:30	Thunder in the Holy Land <b>CC</b>
11:00	Featured Ministries <b>CC</b>
11:30	Books of the Book <b>CC</b>
12:00p	Spring Camp Meeting <b>CC</b> 1hr
1:00	Hope in Motion <b>CC</b>
1:30	Cook:30 <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	HeartLift <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Tiny Tots for Jesus <b>CC</b>
4:30	Kids Time <b>CC</b>
5:00	Kids Time Praise <b>CC</b>
5:30	Multitude of Counselors <b>CC</b>
6:00	House Calls <b>CC</b> 1hr
7:00	Secrets Unsealed Presents <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Behold the Lamb Presents <b>CC</b> 1hr
10:00	Sabbath School Panel <b>CC</b> 1hr
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Heaven's Point of View <b>CC</b>
12:30	Exalting His Word <b>CC</b>
1:00	Contending for the Faith <b>CC</b>
1:30	Ultimate Prescription <b>CC</b>

CDT	WEDNESDAY
2:00a	Celebrating Life in Recovery <b>CC</b> 1hr
3:00	Revelation's Ancient Discoveries <b>CC</b> 1hr
4:00	Spring Camp Meeting <b>CC</b> 1hr
5:00	Praise <b>CC</b>
5:30	Adventures in Missions <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	LifeStart Seminars <b>CC</b>
7:00	Amazing Facts Presents <b>CC</b>
7:30	It Is Written Canada <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Remodeling Your Life <b>CC</b>
9:30	Divine Design/Grandma's House <b>CC</b>
10:00	Melody From My Heart <b>CC</b>
10:30	Salvation in Symbols and Signs <b>CC</b>
11:00	Table Talk <b>CC</b> 1hr
12:00p	3ABN On the Road <b>CC</b> 1hr
1:00	Issues and Answers <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life <b>CC</b>
2:30	Perfecting Me <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Tiny Tots for Jesus <b>CC</b>
4:30	Kids Time <b>CC</b>
5:00	Everlasting Gospel <b>CC</b> 1hr
6:00	GYC 2017 <b>CC</b> 1hr
7:00	A Sharper Focus <b>L</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Amazing Facts Presents <b>CC</b>
9:30	I Want This City <b>CC</b>
10:00	It Is Written <b>CC</b>
10:30	Liberty Insider <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	A Sharper Focus <b>L</b> 1hr
1:00	In the Footsteps of Paul <b>CC</b>
1:30	Divine Design/His Words Are Life <b>CC</b>

CDT	THURSDAY
2:00a	Books of the Book <b>CC</b>
2:30	Grace Pipeline <b>CC</b>
3:00	Spring Camp Meeting <b>CC 1hr</b>
4:00	Remodeling Your Life <b>CC</b>
4:30	Issues & Answers <b>CC</b>
5:00	Discover <b>CC 1hr</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Jesus for Asia Now <b>CC</b>
7:00	Homecoming Camp Meeting <b>CC 1hr</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	GYC 2017 <b>CC 1hr</b>
10:00	From Sickness to Health <b>CC</b>
10:30	HeartLift <b>CC</b>
11:00	Revelation of Hope <b>CC 1hr</b>
12:00p	Ultimate Prescription <b>CC</b>
12:30	Multitude of Counselors <b>CC</b>
1:00	Books of the Book <b>CC</b>
1:30	Taste of Paradise <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	Contending for the Faith <b>CC</b>
3:00	3ABN Today <b>CC 1hr</b>
4:00	Tiny Tots for Jesus <b>CC</b>
4:30	Kids Time <b>CC</b>
5:00	Optimize 4 Life <b>CC</b>
5:30	Music <b>CC</b>
6:00	The Carter Report <b>CC 1hr</b>
7:00	Sabbath School Study Hour <b>CC 1hr</b>
8:00	3ABN Today LIVE <b>CC 2hrs</b>
10:00	Kenneth Cox Ministries <b>CC 1hr</b>
11:00	3ABN Today <b>CC 1hr</b>
12:00a	Table Talk <b>CC 1hr</b>
1:00	3ABN Today LIVE <b>CC 1hr</b>

CDT	FRIDAY
2:00a	3ABN Today LIVE (continued) <b>CC 1hr</b>
3:00	Salvation in Symbols and Signs <b>CC</b>
3:30	Heavens Point of View
4:00	Liberty Insider <b>CC</b>
4:30	Battles of Faith <b>CC</b>
5:00	Sabbath School Study Hour <b>CC 1hr</b>
6:00	Body & Spirit <b>CC</b>
6:30	Contending for the Faith <b>CC</b>
7:00	Secrets Unsealed <b>CC 1hr</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	Behold the Lamb Presents <b>CC 1hr</b>
10:00	Health for a Lifetime <b>CC</b>
10:30	Divine Design/His Words Are Life <b>CC</b>
11:00	Celebrating Life in Recovery <b>CC 1hr</b>
12:00p	Sabbath School Panel <b>CC 1hr</b>
1:00	Remodeling Your Life <b>CC</b>
1:30	Cook:30 <b>CC</b>
2:00	Action 4 Life <b>CC</b>
2:30	Your Favorites by Request <b>CC</b>
3:00	3ABN Today <b>CC 1hr</b>
4:00	Tiny Tots for Jesus <b>CC</b>
4:30	Kids Time <b>CC</b>
5:00	Featured Ministries <b>CC</b>
5:30	Music <b>CC</b>
6:00	Jesus for Asia Now <b>CC</b>
6:30	Camp Meeting Music Projects <b>CC 1.5hrs</b>
8:00	3ABN Today Family Worship <b>CC 1hr</b>
9:00	It Is Written <b>CC</b>
9:30	Maranatha Mission Stories <b>CC</b>
10:00	Mission 360 <b>CC</b>
10:30	Hope in Motion <b>CC</b>
11:00	3ABN Today Family Worship <b>CC 1hr</b>
12:00a	A Sharper Focus <b>CC 1hr</b>
1:00	Breath of Life <b>CC</b>
1:30	Thunder in the Holy Land <b>CC</b>

**Watch ULTIMATE PRESCRIPTION**  
Mondays at 7:30 a.m.  
Wednesdays at 1:30 a.m.  
Thursdays at 12:00 p.m. CDT (UTC-5)



# Ultimate PRESCRIPTION

Dr. James Marcum with Nick Evenson  
on the set of *Ultimate Prescription*.



CDT	SATURDAY
2:00a	Praise! <b>CC</b>
2:30	In the Footsteps of Paul <b>CC</b>
3:00	Give Me the Bible <b>CC 1hr</b>
4:00	Focus on God's Word <b>CC 1hr</b>
5:00	Revelation Insights <b>CC 1hr</b>
6:00	Perfecting Me <b>CC</b>
6:30	Tiny Tots for Jesus <b>CC</b>
7:00	Kids Time Praise <b>CC</b>
7:30	Kids Time <b>CC</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	Sabbath School Panel <b>CC 1hr</b>
10:00	Kenneth Cox Ministries <b>CC 1hr</b>
11:00	Worship Hour <b>CC 1hr</b>
12:00p	Revelation's Ancient Discoveries <b>CC 1hr</b>
1:00	New Perceptions <b>CC 1hr</b>
2:00	Sabbath School Study Hour <b>CC 1hr</b>
3:00	3ABN Today <b>CC 1hr</b>
4:00	Maranatha Mission Stories <b>CC</b>
4:30	Kids Time <b>CC</b>
5:00	Kids Time Praise <b>CC</b>
5:30	Tiny Tots for Jesus <b>CC</b>
6:00	Laymen Ministries <b>CC</b>
6:30	Salvation in Symbols and Signs <b>CC</b>
7:00	Breath of Life <b>CC</b>
7:30	Multitude of Counselors <b>CC</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	Table Talk <b>CC 1hr</b>
10:00	Grace Pipeline <b>CC</b>
10:30	Making Waves <b>CC</b>
11:00	3ABN Today <b>CC 1hr</b>
12:00a	Discover <b>CC 1hr</b>
1:00	GYC 2017 <b>CC 1hr</b>



## Ultimate Prescription Vol. 1 DVD Set

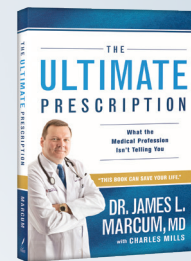
This set covers a wide range of topics, including: diabetes, obesity, heart attacks, cancer and nutrition.

Code: UP DSET  
Suggested Donation \$52.00

**Also Available**

## The Ultimate Prescription (BOOK)

James Marcum, MD



Many of the diseases sending us to doctors' offices, surgical suites, and early graves are preventable—and we don't need to be overmedicated to cure them. Using scientific evidence and commonsense explanations, *The Ultimate Prescription* strips back the misinformation about what makes us sick. It presents

real-world stories of lives that have been changed, not by some powerful drug or impossibly expensive procedure, but by lifestyle choices made at home, at work, and at the grocery store.

Code: BTUP  
Suggested Donation \$16.00

**TO ORDER, USE THE ENVELOPE ATTACHED,  
VISIT [3ABNSTORE.COM](http://3ABNSTORE.COM), OR CALL 618-627-4651**



**Free Shipping in the Continental US only**  
All prices are in US dollar amounts

# REACHING OUT IN MANY WAYS

Sometimes those of us who work at 3ABN almost forget how many different avenues the Lord has given us to reach those who are searching for truth! Beginning as a television ministry, we have continued to grow as the Lord opens the doors of opportunity to use radio, print, music, tablets, smartphones, and the Internet to tell even more people about Jesus.



## Through Radio

Theanna recently discovered 3ABN Radio “accidentally,” when switching from the AM to the FM band. “That’s when I heard KSYS broadcasting from Olathe, Colorado—the town I grew up and lived in for 30 years!” As a Messianic Jew, she says she is excited to find a vibrant group to keep the Sabbath with, and that she appreciates the Bible stories, the worshipful music, and the health talks. “Thank you for airing 3ABN here,” she adds. “I love it, and I’ll be donating soon in support of 3ABN’s presence!”



## To Kids

3ABN ministers to thousands of children, too, like Maria in Puerto Rico. She loves watching Miss Brenda and *Kids Time*, and especially enjoys “watching all the kids playing their instruments and singing praises to God. It’s important to praise God in this way because this is a way to testify,” she adds.



## To Friends—and Strangers!

And speaking of testifying, we hear the most precious stories from people like Sharon from Palm Desert, California, who wrote us recently to congratulate 3ABN on 33 years of ministry. “Ever since I found 3ABN, I have promoted your great programs to friends and strangers,” she says. “And now we have many new Seventh-day Adventists in our area because of your channel. God bless you!”

Joan in Oakhurst, California, isn’t content in just watching 3ABN. She insists on sharing what she’s learning. “I so enjoy your programs on 3ABN that I record them and then invite people in my mobile park to come over and watch them with me.” Surely God will bless her efforts to help share the three angels’ messages with her friends!

## To the World

The soon-return of Jesus Christ must be preached “to every nation, and kindred, and tongue, and people”—and that’s what 3ABN Russia is doing. Vladimir, from Zabaykalsky Krai, Russia, wrote to our 3ABN Russian headquarters thanking them for the Bible he received in the mail. Then he added, “I was addicted, but when I came to know the Lord, I began praying,” he says. “Thanks to prayer and faith that Lord would heal me, I was healed from my addiction. My mother has smoked all my life, and she really wanted to give it up, but nothing helped. Then I put my hand on her, prayed a simple prayer, and to the surprise of the neighbors, she’s never smoked again!”

Praise the Lord! 3ABN Russian programming led this man to salvation and recovery, and his simple prayer of faith changed his mother’s life, as well.



## Through TV Channels

Some people discover 3ABN in the most interesting ways. “I don’t have cable, because it got too expensive and had a lot of programs I wasn’t interested in watching,” says Pat in Shreveport, Louisiana. “I would lay in bed many nights, asking God to give me a Christian channel. Then as I was changing channels one night, 3ABN appeared! I can only get 3ABN on one of my TVs, but I’ve been watching for two years, now. I praise God for 3ABN!”

## Tell Us Your Story

Do you have a story of how God brought 3ABN to you, or how our programming has changed your life? We’d love to hear from you. The story of how you share 3ABN with those around you just might be the idea someone else is waiting for! ☺



## Write to Us

Email: [3abnworld@3abn.org](mailto:3abnworld@3abn.org)  
Write: 3ABN WORLD NEWS  
PO BOX 220  
West Frankfort IL 62896



## *In Obedience to HIS COMMAND*



### CONFETTI COUSCOUS

Nyse Collins



“Go,” commanded our risen and victorious Savior, “make disciples of all the nations... teaching them to observe all things that I have commanded you,” adding the blessed promise of His spiritual presence to the end of the age. Matthew 28:19–20.

Jesus has a big job in mind for His followers, and His blessing is on obedience to His command to “Go!” That’s why 3ABN began The Blessing Is on the “GO!” Evangelistic Team movement, to make it easier for our viewers to fulfill the Great Commission.

**Here’s how it works:** when you join the team to support 3ABN’s global outreach with a tax-deductible, monthly donation of any amount, our combined efforts make it possible to “Go” to all the world, teaching God’s entire counsel over the air. Further, each team member can elect to receive a monthly resource from 3ABN—a DVD sermon, CD, Bible study, or book—so you can “Go” to your family, friends, and neighbors to share God’s salvation plan.

Our mission is to follow Christ’s marching orders, which would be impossible to accomplish without teamwork. Please accept our heartfelt thanks for all of you who are already vital team members, and if you’re not, would you like to join the team today? Just visit [3ABN.tv](http://3ABN.tv), click on The Blessing Is on the “GO!” Evangelistic Team banner, and follow the prompts.

You may also call us at 618-627-4651, or submit your request and donation by mail to: 3ABN PO Box 220, West Frankfort, IL 62896.

#### INGREDIENTS

- 2 cups water or vegetable broth
- 1½ cups couscous
- ¼ cup raisins
- ¼ cup roasted red bell pepper, chopped
- 1 tsp vegan butter or oil
- 1 sprig of thyme, stemmed
- Salt to taste
- Fresh cilantro, chopped

#### DIRECTIONS

1. Bring water or broth to a boil.
2. Add red bell pepper, butter or oil, thyme leaves and salt.
3. Stir in couscous, cover and reduce heat to simmer. Add raisins.
4. Cook until liquid is absorbed. Add chopped cilantro, stir and fluff. Serve hot.



Find this and other recipes on [3ABNRecipes.org](http://3ABNRecipes.org).



Find this cooking video on our YouTube playlist, *3ABN Today Cooking*. Just look for TDY16072.



# 3ABN Reaches *Inside* the Walls to the *Hearts* of Prisoners



Last year we sent over a thousand Bibles to incarcerated men and women, as well as many thousands of Bible studies.

*Please help us respond to their desperate pleas for truth and salvation.*

*Be sure to earmark your donation*

**#436 - Prison Ministry Literature**



P.O. Box 220 | 618-627-4651  
West Frankfort, IL 62896 | 3ABN.tv

NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
THREE ANGELS  
BROADCASTING  
NETWORK