

October 2019

Visit us online at 3ABN.tv

3ABN WORLD MAGAZINE

3ABN
Praise
HIM
MUSIC NETWORK

PRAISING HIM
THROUGH *Music*

PG 4

CHANGED LIVES
HERE I AM

PG 12

Tim Parton, *General Manager,*
3ABN Praise Him Music Network

MISSIONARY VOLUNTEERS PG 14

4 NEWS & EVENTS
Praising Him Through Music
A Request Program Connects Us All

6 SPECIAL FEATURE
Special Blessings
Donations Enable Us to Do More

8 **3ABN TV SCHEDULE**

12 CHANGED LIVES
Here I Am
Her Journey Began With Friendship

14 HOW CAN I HELP?
Missionary Volunteers
Reaching the Dominican Republic

15 3ABN RECIPES
Sautéed Beets
By Pajmada Medidi

3ABN
WORLD
MAGAZINE
Vol. 14 #170
October 2019

Executive Editor: Jill Morikone
Managing Editor: Bobby Davis
Creative Director: Adam Dean
Graphic Designers: Janelle Owen, Svetlana Christian
Photographer: Svetlana Christian
Proofreaders: Lynette Jaque, Mitch Owen, J.D. Quinn

3ABN World is a monthly publication. Subscriptions are free and available in the United States. Overseas subscriptions by request. ISSN 1552-4140

Subscriptions & Feedback

To subscribe, change your subscription, or send us feedback, please contact us in the following ways:

By phone: 618-627-4651 Sun-Sat 8:00 a.m.-11:00 p.m. (CT)

By mail: 3ABN Call Center / Attn: Subscriber Services / Feedback, P.O. Box 220, West Frankfort, IL 62896-0220

By email: 3abnworld@3abn.org or online at 3ABN.tv

Copyright © 2019, Three Angels Broadcasting Network, Inc.

Three Angels Broadcasting Network (3ABN) is a 501(c)(3) nonprofit company. 3ABN is not owned by any person or organization, but is governed, instead, by a board of directors who work very hard behind the scenes to ensure we stay true to our mission and reach people of all cultures and backgrounds. The biblical truths presented on 3ABN are consistent with the teachings of the Seventh-day Adventist Church. All donations are tax-deductible in the United States. Scripture is taken from the New King James Version® unless otherwise noted. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved. Cover Image: Svetlana Christian

618-627-4651    
3ABN.TV | 3ABNSTORE.COM

PRESIDENT'S LETTER | Danny Shelton



Dear 3ABN Family,

We are quickly coming to the end of another year. First of all, I want to thank you for your prayers and financial support of 3ABN. Because of your sacrificial gifts, heaven will be filled with countless men and women who gave their hearts and lives to Jesus from watching and listening to 3ABN!

I rarely spend time talking about financial needs, but feel impressed to do so now. As you probably know, it takes millions of dollars each year to keep 3ABN proclaiming the undiluted three angels' messages around the world. We strive to be good stewards of your donations, constantly searching for new ways to cut expenses. However, we need your support now more than ever before!

I can tell you that the enemy is doing everything in his power to destroy the witness of 3ABN. Sadly, he is using some from within the church to attack the witness of 3ABN. The devil knows his time is short, and he is working overtime to do his work of destruction. We, as Christians, know that Jesus is soon to come, yet many of us are fast asleep. We should now be sacrificing for the cause of God like never before. We are promised victory when we come in the name of the Lord!

“We strive to be good stewards of your donations, constantly searching for new ways to cut expenses. However, we need your support now more than ever before!”

Please pray and ask the Holy Spirit to impress you what He would have you give to 3ABN before the end of 2019. Also, won't you join me in asking God for a strong anointing of the Holy Spirit over His ministry here? We want to be a vessel of honor for Christ, and continue the work that He has called us to do.

God called the ministry of 3ABN into existence nearly 35 years ago and He will supply every need as we proclaim His everlasting gospel to a lost and dying world. Please write and let me know that you are helping to hold our hands up as we continue to give the trumpet a certain sound. I thank you, in advance, for your financial love gift to 3ABN, before it is forever too late!

Thank you and may God bless you abundantly more than you could ever ask or think!

Danny Shelton
3ABN Founder/President


SATURDAY, NOVEMBER 2, 2019

Join Danny & Yvonne Shelton, Greg & Jill Morikone, John & Angela Lomacang, Jason Bradley, Tim Parton, and Ryan Day for a weekend rally in the Keene, Texas area.

Cleburne First SDA Church - 111 Meadow View Dr, Cleburne, TX 76033
Sabbath School & Church

Keene SDA Church - 114 South Fairview St, Keene, TX 76059
7 P.M. Evening Service

VISIT 3ABN.ORG/NEWS FOR MORE INFORMATION

Please note that this event will not be broadcast.

PRAISING HIM THROUGH *Music*

by Tim Parton

In January of 2017, I began asking 3ABN viewers to email their favorite hymn or gospel song for a music program called *Your Favorites, By Request*. The very first request was “Mendelssohn’s Wedding March,” which is ironic, since this piece is traditionally performed as recessional music, at the end of the wedding ceremony. I prayed that request wasn’t a sign of how long the program would air—finished before it hardly started—but from the number of emails and letters that came pouring in from around the world, it became amazingly clear to me how far-reaching 3ABN’s ministry is, and the impact of the music on people’s lives.

The various requests—hymns, gospel songs, praise and worship music—continue arriving, along with fond memories of listening to these while growing up in Christian homes, and stories of families singing together around the piano or other instruments.

SINGING TOGETHER, THOUSANDS OF MILES APART

Just two days prior to writing this article, I received an email from Rena in Malaysia—over 9,000 miles away as the crow flies from our studios in southern Illinois. She requests two songs, and the first one is Stuart Hamblen’s “It Is No Secret What God Can Do.” She writes, “This song has always encouraged me to come to Jesus no matter how much I’ve failed Him.” Rena’s other request is “I Believe in Miracles” by John W. Peterson,

stating, “This song has beautiful lyrics reminding us that our God is a God of miracles, and the greatest miracle He has done in my life is none other than transforming me into a new person!” She adds her thanks and signs the email, “Sister in Christ.”

Maybe this doesn’t affect you, or perhaps it isn’t something to which you can relate. But I have sung these same songs and I’ve felt God’s presence and been drawn closer to Him as I sang them.

“From the number of emails and letters that came pouring in from around the world, it became amazingly clear to me how far-reaching 3ABN’s ministry is and the impact of the music on people’s lives.”

I imagined those songs to only be known by a certain demographic or region of fellow believers. But Rena, a precious 3ABN viewer in Malaysia (where it’s already tomorrow from where I sit), is singing about the same awesome God of miracles as I am here, in rural, mid-America. Her request reinforces the powerful impact that Christian music has around the world, and that God has power “to do exceedingly abundantly above all that we ask or think, according to the power that works in us” (Ephesians 3:20). People like her encourage and inspire me to keep believing and trusting in Jehovah God. That is why 3ABN’s Praise Him Music Network exists, and why your prayers and financial support matters so very much to keep spreading the hope that Jesus Christ offers.

A BRAND-NEW SONG

I regret that I’ve lost track of the number of requests I’ve received from viewers, but I believe that one day, very soon, we will have the greatest sing-along ever known to mankind. The object of our eternal affection will sit on His throne, as we, the redeemed, standing hand in hand, sing a glorious, brand-new song that somehow seems familiar. Perhaps I’ll have the privilege of accompanying the great choir...for at least the first few thousand years. ☺

Follow Us

Watch for new programming information and Praise Him Music Network upcoming events. Follow us on Facebook, on Twitter @3ABNPraiseHim, and on Instagram 3ABNPraiseHim. Find us on the 3ABN app for smartphones and tablets, too. Tell your friends to watch us on Amazon Fire TV, Roku, YouTube, mySDAtv, or stream us at 3ABNPraiseHim.tv.



Tim Parton and Yvonne Lewis-Shelton share a favorite song requested by a 3ABN viewer on *Your Favorites, By Request*.





Special Blessings

Next month will mark thirty-five years since Three Angels Broadcasting Network came on the air, reaching the world with “the undiluted three angels’ messages” of Revelation 14. From our first satellite transmission to North America, 3ABN has grown into a worldwide television and radio network broadcasting in multiple languages. Truly, the Lord has blessed this ministry through your prayers and sacrificial support!

However, there is a group that quietly blesses this ministry in a special way by responding to the promptings of the Holy Spirit. Over the years, thousands have supported 3ABN through their donation of valuable items, which in turn become sources of funding that have helped sustain and grow God’s ministry.

Bruce and Tammy Chance, along with their daughter-in-law Bethany, worked in 3ABN’s Donations Department for many years until Tammy retired a few months ago, after many years of faithful service. Over that time, they’ve told us how they were always amazed at the generosity of our supporters. Tammy noted that sometimes she received heirlooms that had been handed down for generations, yet the senders had chosen to put their precious possessions to work for Jesus.

Bruce says he feels a tremendous responsibility to carefully research the true value of each donated item. “I pray over each of them, then research them thoroughly to do the best I can for the Lord’s work,” he says. “Many of these items were given as a true sacrifice, and we want to honor that.

“People frequently ask what makes an item valuable,” he says, “and what they all share in common is rarity, age, and condition. There are collectors for almost everything, and if you have these three things going for you, chances are you have a valuable item.”

Good Stewards

Bruce notes that there’s not always a market for certain items. “We have limited storage space,” he says, “and because we want to be good stewards, we ask each person to call or email us before sending a donated item. After many years of work in this field I’ve learned to focus on items that will sell and provide the most income for God’s work. Rare coins, silver and gold bullion, real jewelry, and gold and diamond watches all sell well. And, of course, every donor in the United States and Puerto Rico receives a tax receipt for the amount we get from the sale.

“There are those who want to donate vehicles, and we will pick them up—if it is financially feasible,” he continues. “But if the combined costs of fuel, trailer rental, meals, and lodging expenses to get there and back are higher than the value of the donated vehicle, we hope our friends will understand that we cannot do this and be good stewards of the Lord’s funds.

“Over the years, we’ve compiled a long list of dealers, private collectors, and retail outlets who give us the best prices for these treasured items. But other items are placed in the Three Angels Gift Shop on e-Bay, so I encourage anyone looking for a nice gift to stop by that site.”

Bruce re-emphasizes the importance of checking with him before sending any items. “We want to spare our donors the expense of sending something we cannot use,” he says, “so please call or email me first. Our hearts are touched by your generosity as you send us your precious things; and it reminds me so much of those who gave their jewelry and gems to the Lord to be used in the construction of the tabernacle and its furniture,” he adds.

All of us at 3ABN are amazed and blessed by the humble, giving spirit of God’s people who sense the urgency of supporting the Lord’s work. Under the impression of the Holy Spirit, your gifts become a special blessing, making it possible for us to keep preaching the three angels’ messages to all the world. ☺



Bruce Chance and his daughter-in-law Bethany are amazed by the humble, giving spirit of God’s people.



3ABN’s e-Bay Store:
giftshop.3abn.org

To donate:
bruce.chance@3abn.org
 (618) 627-4651 ext. 3078



3ABN TV SCHEDULE

PDT -2 hours • MDT -1 hour • EDT +1 hour **Red titles are changes effective this month.**
CC = CLOSED CAPTIONED **LIVE** = LIVE PROGRAM **★** = NEW SERIES **↻** = REPEAT OF LIVE PROGRAM

CDT	SUNDAY
2:00a	Pillars of Faith CC 1hr
3:00	Featured Ministries CC
3:30	From Sickness to Health CC
4:00	House Calls CC 1hr
5:00	The Incomparable Jesus CC
5:30	Free Indeed CC
6:00	Body & Spirit Aerobics CC
6:30	Amazing Facts with Doug Batchelor CC
7:00	Tiny Tots for Jesus CC
7:30	Praise CC
8:00	3ABN Today CC 1hr
9:00	Your Favorites By Request CC
9:30	Adventures in Missions CC
10:00	Focus on God's Word CC 1hr
11:00	Inspirational Hour CC 1hr
12:00p	Secrets to Wellness CC
12:30	The Creator Revealed CC
1:00	A Sharper Focus ↻ 1hr
2:00	Body & Spirit CC
2:30	Tiny Tots Kitchen/Tiny Tots Worship CC
3:00	3ABN Today LIVE ↻ 2hrs
5:00	The Carter Report CC 1hr
6:00	Raw Questions/Intimate Clarity CC
6:30	Salvation in Symbols & Signs CC
7:00	Sabbath School Panel CC 1hr
8:00	3ABN Today CC 1hr
9:00	Celebrating Life in Recovery CC 1hr
10:00	Featured Ministries CC
10:30	Lineage CC
11:00	3ABN Today CC 1hr
12:00a	Secrets Unsealed Presents CC 1hr
1:00	Celebrating Life in Recovery CC 1hr

CDT	MONDAY
2:00a	Revelation of Hope CC 1hr
3:00	Homecoming Camp Meeting CC 1hr
4:00	Table Talk CC 1hr
5:00	His Words Are Life/Grandma's House CC
5:30	Cook:30 CC
6:00	Body & Spirit CC
6:30	Pressing in to His Presence CC
7:00	Tiny Tots for Jesus CC
7:30	Bible Gems / Creation Crafts CC
8:00	3ABN Today CC 1hr
9:00	House Calls CC 1hr
10:00	Free Indeed CC
10:30	Books of the Book CC
11:00	Sabbath School Panel CC 1hr
12:00p	Behold the Lamb Presents CC 1hr
1:00	Off the Grid CC
1:30	Abundant Living CC
2:00	Action 4 Life (Casio Jones) CC
2:30	Heaven's Point of View CC
3:00	3ABN Today CC 1hr
4:00	Kids Camp Kitchen Fun CC
4:30	Tiny Tots Kitchen/Tiny Tots Worship CC
5:00	Liberty Insider CC
5:30	Your Favorites by Request CC
6:00	Grace Pipeline CC
6:30	Salvation in Symbols & Signs CC
7:00	Revelation's Ancient Discoveries CC 1hr
8:00	3ABN Today CC 1hr
9:00	Spring Camp Meeting CC 1hr
10:00	The Carter Report CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Multitude of Counselors
12:30	Music CC
1:00	ASI Conventions CC 1hr

For the most up-to-date schedule for all the 3ABN networks, please visit 3ABN.tv



SIMPLY YUMMY COOKBOOKS

By Melody Caviness

Simply Yummy Whole provides you with a foundation of plant-based recipes.

Code: **BCSYW** Suggested Donation **\$30.00**

Simply Yummy Creations offers good health without sacrificing taste.

Code: **BCSYC** Suggested Donation **\$30.00**

NEW!

CDT	TUESDAY
2:00a	Optimize 4 Life CC
2:30	Mission TREK CC
3:00	Melody From My Heart CC
3:30	Sanctuary, Salvation, & Our Savior CC
4:00	Daniel All Access CC 1hr
5:00	Salvation in Symbols & Signs CC
5:30	Wonderfully Made CC
6:00	Body & Spirit Aerobics CC
6:30	The Heavens Declare CC
7:00	Tiny Tots for Jesus CC
7:30	Maranatha Mission Stories CC
8:00	3ABN Today LIVE ↻ 2hrs
10:00	Pressing in to His Presence CC
10:30	Thunder in the Holy Land CC
11:00	Featured Ministries CC
11:30	Books of the Book CC
12:00p	Anchors of Truth CC 1hr
1:00	Your Favorites by Request CC
1:30	Cook:30 CC
2:00	Body & Spirit CC
2:30	HeartLift CC
3:00	3ABN Today CC 1hr
4:00	Bible Gems / Bible Buzz CC
4:30	The Creation Case CC
5:00	From Sickness to Health CC
5:30	Multitude of Counselors CC
6:00	Mission 360 CC
6:30	Salvation in Symbols & Signs CC
7:00	Secrets Unsealed Presents CC 1hr
8:00	3ABN Today CC 1hr
9:00	Behold the Lamb Presents CC 1hr
10:00	Amazing Facts with Doug Batchelor CC
10:30	The Creator Revealed CC
11:00	3ABN Today CC 1hr
12:00a	Raw Questions/Intimate Clarity CC
12:30	Exalting His Word CC
1:00	Adventures in Missions CC
1:30	The Creator Revealed CC

CDT	WEDNESDAY
2:00a	Celebrating Life in Recovery CC 1hr
3:00	Revelation's Ancient Discoveries CC 1hr
4:00	Spring Camp Meeting CC 1hr
5:00	Praise CC
5:30	Adventist World Radio CC
6:00	Body & Spirit CC
6:30	It Is Written CC
7:00	Amazing Facts with Doug Batchelor CC
7:30	It Is Written Canada CC
8:00	3ABN Today CC 1hr
9:00	Remodeling Your Life CC
9:30	The Incomparable Jesus CC
10:00	3ABN Australia Homecoming CC 1hr
11:00	Table Talk CC 1hr
12:00p	Daniel All Access CC 1hr
1:00	Issues and Answers CC
1:30	Abundant Living CC
2:00	Action 4 Life CC
2:30	Perfecting Me CC
3:00	3ABN Today CC 1hr
4:00	Sing Along / Bible Treasures CC
4:30	Tiny Tots Kitchen/Tiny Tots Worship CC
5:00	Sabbath School Panel CC 1hr
6:00	Sanctuary, Salvation, & Our Savior CC
6:30	Salvation in Symbols & Signs
7:00	A Sharper Focus ↻ 1hr
8:00	3ABN Today CC 1hr
9:00	Amazing Facts with Doug Batchelor CC
9:30	Secrets to Wellness CC
10:00	It Is Written CC
10:30	Liberty Insider CC
11:00	3ABN Today CC 1hr
12:00a	A Sharper Focus ↻ 1hr
1:00	Lineage CC
1:30	Life After Choice/Divine Design CC

TO ORDER, USE THE ENVELOPE ATTACHED, VISIT 3ABNSTORE.COM, OR CALL 618-627-4651

Mark Finley's New Five-Part Series

International evangelist Mark Finley unlocks centuries-old secrets to understanding God's plan, purpose, and power for your life!

Join Danny, Yvonne, and others of your 3ABN musical family members for this live event at the Living Hope Seventh-day Adventist Church in Haymarket, Virginia.

— LIVE —
OCTOBER 5-9

6:30 P.M. CDT (UTC-5)



PASTOR MARK FINLEY

CDT	THURSDAY
2:00a	Laymen Ministries CC
2:30	Maranatha Mission Stories CC
3:00	Spring Camp Meeting CC 1hr
4:00	Remodeling Your Life CC
4:30	Issues & Answers CC
5:00	Discover CC 1hr
6:00	Body & Spirit Aerobics CC
6:30	Jesus for Asia Now CC
7:00	Kids Camp Kitchen Fun CC
7:30	Tiny Tots Kitchen /Tiny Tots Worship CC
8:00	3ABN Today CC 1hr
9:00	ASI Conventions CC 1hr
10:00	From Sickness to Health CC
10:30	Mission TREK CC
11:00	Revelation of Hope CC 1hr
12:00p	Ultimate Prescription CC
12:30	Multitude of Counselors CC
1:00	The Heavens Declare CC
1:30	Amazing Facts with Doug Batchelor CC
2:00	Body & Spirit CC
2:30	Contending for the Faith CC
3:00	3ABN Today CC 1hr
4:00	Creation Crafts / Bible Buzz CC
4:30	The Creation Case CC
5:00	Thompsonville Worship Hour CC 1hr
6:00	The Carter Report CC 1hr
7:00	Sabbath School Study Hour CC 1hr
8:00	3ABN Today LIVE 2hrs
10:00	Kenneth Cox Ministries CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Table Talk CC 1hr
1:00	3ABN Today LIVE 2hrs

CDT	FRIDAY
3:00	Action 4 Life CC
3:30	Heavens Point of View
4:00	Liberty Insider CC
4:30	Battles of Faith CC
5:00	Sabbath School Study Hour CC 1hr
6:00	Body & Spirit CC
6:30	Contending for the Faith CC
7:00	Secrets Unsealed CC 1hr
8:00	3ABN Today CC 1hr
9:00	Optimize 4 Life CC 1hr
9:30	Cook:30
10:00	Health for a Lifetime CC
10:30	Life After Choice/Divine Design CC
11:00	Thompsonville Worship Hour CC 1hr
12:00p	Daniel All Access CC 1hr
1:00	Behold the Lamb Presents CC 1hr
2:00	Music CC
2:30	HeartLift CC
3:00	3ABN Today CC 1hr
4:00	A Day With the King CC
4:30	Kids Praise Too! CC
5:00	Featured Ministries CC
5:30	Sing Along / Bible Treasures CC
6:00	Jesus for Asia Now CC
6:30	The Incomparable Jesus CC
7:00	Sabbath School Panel CC 1hr
8:00	3ABN Today Family Worship CC 1hr
9:00	It is Written CC
9:30	Maranatha Mission Stories CC
10:00	Mission 360 CC
10:30	Hope in Motion/Praise Him Music Videos CC
11:00	3ABN Today Family Worship CC 1hr
12:00a	ASI Conventions CC 1hr
1:00	Breath of Life CC
1:30	Thunder in the Holy Land CC

CDT	SATURDAY
2:00a	Praise! CC
2:30	It Is Written CC
3:00	Kenneth Cox Ministries CC 1hr
4:00	Revelation Now CC 1hr
5:00	Revelation Insights CC 1hr
6:00	Amazing Facts with Doug Batchelor CC
6:30	Tiny Tots for Jesus CC
7:00	Bible Gems / Bible Buzz CC
7:30	Sing Along / Bible Treasures CC
8:00	3ABN Today CC 1hr
9:00	Sabbath School Panel CC 1hr
10:00	Revelation's Ancient Discoveries CC 1hr
11:00	Spring Camp Meeting CC 1hr
12:00p	Sabbath School Study Hour CC 1hr
1:00	New Perceptions CC 1hr
2:00	Kids Praise Too! CC
2:30	Adventist World Radio
3:00	3ABN Today CC 1hr
4:00	Maranatha Mission Stories CC
4:30	Hope in Motion/Praise Him Music Videos CC
5:00	Sanctuary, Salvation, & Our Savior CC
5:30	Lineage CC
6:00	Laymen Ministries CC
6:30	Salvation in Symbols & Signs CC
7:00	Table Talk 1hr CC
8:00	3ABN Today CC 1hr
9:00	Breath of Life CC 1hr
9:30	Raw Questions / Intimate Clarity CC
10:00	GYC CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Discover CC 1hr
1:00	Anchors of Truth CC 1hr

*Secrets
from the
Ancient
Sanctuary
Revealed*





Here I Am

In September of 2014, Larnetta Guly-Abza sat in her apartment in Nashville, Tennessee, recuperating from reconstructive spine surgery. Her income from short-term disability had forced her to cut out all the “luxuries,” and she was having to choose between food or medicine, because sometimes she couldn’t afford both.

After unsubscribing from cable TV, she’d scanned for over-the-air channels when two stations appeared: ION and one called 3ABN. “I used them for ‘white noise,’” she says, “and my TV was on day and night. After a few weeks, though, the ION channel faded away, and I began to listen to 3ABN. Then, one day, something caught my ear. I was half listening to a cooking show and I heard someone say, ‘Get *all* the goodies!’ Somehow, the way she said it made me rush into the room, and there was Paula Eakins. She had braids, like I had, so I thought, *Wow, somebody who looks like me is doing a cooking show!* From then on, I started *watching* and not just *listening*.”

One of the things Larnetta learned was how the day of worship had been changed from Saturday to Sunday. “I thought, *Decent people still strive for not killing, stealing, or coveting, so why would they ignore the one commandment that begins with the word, ‘Remember?’* I found references online by the Southern Baptist Convention stating that the seventh day was the Sabbath. When I asked my pastor about it, all he said was, ‘We’re saved by grace,’ but I’ve never found any place in the Bible that says Jesus’ death eliminated the Ten Commandments!”

Larnetta watched for several years until she saw a *3ABN Today* program where Curtis and Paula talked about a Healthy Heart Conference coming up in Murfreesboro, Tennessee. “I wanted to go, so I registered and began saving money for the trip,” she says. “But a week before the conference, I realized I wasn’t going to have enough, so I canceled. Then my phone rang, and the caller ID said, ‘Curtis Eakins.’ At first I thought, *Yeah, right*, but when I answered, it *was* Curtis! He began asking me why I wasn’t coming, and when I told him I couldn’t afford it, he asked if I really wanted to come. I told him yes, and he said they would pay for my hotel and transportation. I couldn’t believe it!”

Friendship and Bible Studies

The two-day Healthy Heart Conference was set up with health presentations the first day at a hotel conference room. Each participant received a folder containing heart health information, along with a health study guide from the Amazing Facts Bible series. The next day, they met at the local Seventh-day Adventist Church and went over that study guide. Then they were introduced to someone from that church who would be willing to help each of them go through the other study guides by correspondence, if they’d like to.

“3ABN taught me the truth, and Paula and Curtis taught me how to live that truth.”

Larnetta wanted to take the Bible course, and Curtis felt impressed to help her with them. “I’m very cerebral,” she says, “so it wasn’t long before I began texting him my ‘Question of the Day.’ Not only did he answer them, he also backed every response with Scripture! Curtis always knew when the answer to one of my questions or concerns required the Lord’s leading. Meanwhile, Paula ministered to me through soothing phone conversations on women’s topics and by guiding me on changes to my diet.”

As summer approached, the Eakins told their new friend about the South Central Conference Camp Meeting held on the Oakwood University campus in Huntsville, Alabama. “I wanted to go,” Larnetta says, “but it was going to be a financial struggle. Then Curtis started saying things like, ‘We can get you a hotel close to us,’ and ‘we’ll be your transportation for the weekend.’ He even said that if I acted right, they might have me over for Sabbath dinner! We laughed, then he asked if I’d share my testimony at camp meeting. I said yes. Later I found out that the Conference president, Elder Benjamin Jones, Jr., insisted on taking care of all my expenses.

“Camp meeting was an amazing experience, and I did enjoy that Sabbath dinner with Curtis and Paula in their lovely home, too! They had prepared me for a new journey, and because of their down-to-earth, nurturing, non-judgmental, and committed mentorship, I made my decision to get baptized. That weekend, they interviewed me on stage, and I told everyone about how 3ABN taught me truth, and Paula and Curtis taught me how to live that truth.”

A Big Surprise

By the time Larnetta got home, Curtis had found the Hillcrest Seventh-day Adventist Church, only a few blocks away, and had introduced her to their pastor, Marlon Reid. “I really wanted Curtis and Paula to be at my baptism, but I understood that they lived so far away. On July 6, as I was escorted to the baptismal pool all dressed in white, I saw my church family gathered around. Then, I saw Curtis and Paula standing there, and I just cried. I couldn’t believe they’d drive all the way from Huntsville, but I learned that they’d made plans as soon as the date was set. Pastor Reid knew. The congregation knew. I was the only one who didn’t know they’d be there!”

Curtis and Paula say that in all the years they’ve been doing health evangelism, this is the first time that someone they’ve ministered to has decided to be baptized. Thanks to the Holy Spirit, Curtis and Paula’s faithful service, and your unfailing support of 3ABN, another soul has been added to God’s kingdom!

“3ABN opened the door, and Paula and Curtis said, ‘Come on in and make yourself at home.’ So here I am!” ☺



Larnetta enters the baptismal tank just moments before she spots her friends Curtis and Paula in the audience!



3ABN
Latino
NETWORK

Missionary VOLUNTEERS

For two weeks, beginning October 18, dozens of 3ABN Latino missionary volunteers will preach in Santo Domingo, Dominican Republic, during a massive evangelistic campaign entitled *Evangelizing with Power!*

“Metro Santo Domingo has a population of over 3.34 million people,” says John Dinzey, general manager of 3ABN Latino. “The Central Dominican Conference, and the Dominican Union Conference of Seventh-day Adventists are collaborating in this mighty effort that includes week-long evangelistic meetings at 187 churches, and another week at three large preaching sites.”

John says the dedication of the missionary volunteer evangelists is amazing. “They come from many different countries and pay their own travel and lodging expenses. Many of them have participated in previous evangelistic efforts, and they look forward to coming back again. One man even sells a cow each year to finance his trip! These volunteers join the local Conference pastors in preaching the gospel simultaneously in all 187 locations.

“During the second week of the campaign, well-known 3ABN Latino evangelists Robert Costa, Andrés Portes, and Daniel Scarone, will be preaching at three large venues,” John continues. “We’re planning on broadcasting one of these on 3ABN Latino, so we’re taking our production crew and equipment. We’ll also be posting daily video blog updates both on our network and on Facebook.”

John notes that these evangelistic series work best in countries where 3ABN Latino has been available for several years. “While the production will run about \$20,000, it is well worth the cost. Viewers have watched these speakers for years; so their familiarity is a drawing factor. Church leaders are eager to team up with us because they’ve seen a steady stream of people coming to their churches through watching 3ABN Latino. We are grateful to be working with Pastor Paulino Puello, president of the Dominican Union Conference of Seventh-day Adventists, and Pastor Gerardo Bautista, president of the Central Dominican Conference. Please pray for 3ABN Latino, and for the people of the Dominican Republic. With God’s blessings, thousands will come to know their Savior, Jesus Christ, and be saved for His kingdom!”



Sautéed Beets

by Padmaja Medidi

PHOTO SVETLANA CHRISTIAN

INGREDIENTS

- 3 medium beets with leaves attached
- 1–2 Tbsp olive oil
- ½ tsp mustard seeds
- 1½ tsp urad dhal (split black lentils)
- 1 small onion, chopped
- 1–2 green chilies, chopped
- 5–10 curry leaves (optional)
- beet leaves, rinsed and chopped
- 1 small tomato, puréed

DIRECTIONS

1. Remove leaves from beets, rinse and chop them, then set aside. Boil beets until cooked but not soft. Peel skin and cut beets into small, ½-inch pieces.
2. Heat oil in a pan then add mustard seeds and urad dhal. When the mixture sputters, add onions, green chilies, curry leaves, and salt to taste.
3. When onions turn light brown, add beet leaves and cook for 3–5 minutes.
4. Add tomato purée and cook for another 3–5 minutes, or until tomato is cooked.
5. Add beets and salt to taste. Mix all ingredients well, cover, and cook for another 5 minutes on low heat. Do not overcook beets.
6. Eat with flat bread or rice.



Please pray for these meetings and earmark your donation
#468 - 3ABN Latino



For more great recipes visit 3ABNRecipes.org.



Find this cooking video in our YouTube playlist, 3ABN Today Cooking. Just look for “Authentic Indian Cuisine Pt. 2” (TDYC18024)



PASTOR MARK FINLEY

Mark Finley's
New Five-Part Series

— LIVE —

OCTOBER 5-9
6:30 P.M.

Central Time (UTC-5)

*Secrets
from the
Ancient
Sanctuary
Revealed*



PO Box 220 | 618-627-4651
West Frankfort, IL 62896 | 3ABN.tv

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
THREE ANGELS
BROADCASTING
NETWORK