

February 2022

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# 3ABN WORLD MAGAZINE



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Dear 3ABN Family,

There's a verse in the Bible that brings back a wonderful memory for me. It's found in 1 Thessalonians 4:16, and it says, "For the Lord Himself will descend from heaven with a shout, with the voice of an archangel, and with the trumpet of God. And the dead in Christ will rise first."

In the early 1980s my family and I visited my great-great uncle Joe in Florida. His wife had just passed away and his 90+-year-old body was racked with pain from years of hard physical work. He lived in an assisted living center, and as a little boy, I remember sitting beside his wheelchair as he told the following experience:

"The other day I had my radio tuned to a wonderful Christian station. As the program played, I grew drowsy; so I put my head back and took a little nap. All of a sudden, I woke up to the sound of a loud and clear trumpet melody—and for a split second, I thought I was waking up to the Second Coming of Jesus and the trumpet of God was calling us home!"

It was only a song on the radio playing "Lift up the trumpet and loud let it ring: Jesus is coming again!" but by this time, tears were streaming down his weathered and wrinkled face as he testified of his trust in Jesus, who promised to come again!

As a small boy, that experience made a lasting impression on me, and a few years later, I purchased my first used and dented trumpet. Lessons and practice helped me get some pleasant sounds out of the old instrument, but I often wonder what God's trumpet sound will be like.... What a day that will be. Every eye will see Him, and every ear will hear Him!

As Christians, we look forward to hearing God's trumpet blast. What a message we have to proclaim that Jesus is absolutely coming again! Thank you for standing with 3ABN as we all proclaim the great news.

Greg Morikone  
3ABN President



Young Greg plays his trumpet with his grandfather Lyle and his mother Valerie.

**Let's Get Together  
for 3ABN Today  
Family Worship!**

Friday night is the perfect time to sing praises to the Lord, share what is on our heart, and study God's Word together.

**Fridays at 8:00  
and 11:00 p.m.**

CENTRAL (UTC-6)

On-demand at 3abnplus.tv



# 3ABN RADIO CELEBRATES 22 YEARS

by Bobby Davis

As 3ABN Radio Network celebrates its 22nd Anniversary this year, we are so thankful for those who make it possible to broadcast the good news of the gospel 24 hours a day around the world!

**Jay Christian** came to 3ABN Radio in 1999, and his extensive on-air, programming, and production experience was instrumental in launching the network. As 3ABN Radio General Manager, Jay says he looks forward to new opportunities to spread the gospel.

“We’re very excited about a new radio version of the *3ABN Today Bible Q & A* program,” he says, “and we’re also thrilled about the possibility of adding more stations to our network! God is blessing both 3ABN Radio and the 3ABN Radio Music Channel abundantly as we do our best to bring the salvation message to the world.”

**Mike Babb** came to us in 2001 and is 3ABN Radio Network’s engineer. His broadcasting experience was instrumental in helping new affiliates get on the air during a crucial period of rapid network growth.

Today, Mike is excited about the opportunity to add new non-commercial educational full-power stations in the U.S. “Most full-power licenses were picked up years ago, but the Federal Communications Commission (FCC) opened a new application window and some of our affiliates filed for construction permits in medium-sized cities,” he says. “3ABN also filed for another radio station locally that would supplement our existing station, so we’re praying for God’s will to be done in that matter.

“I’m always thrilled when I get a call from an affiliate station telling me that someone new walked into their church that week after listening to 3ABN Radio!”

**Angela Lomacang** came to 3ABN Radio Network in 2004 and began working as a radio production assistant. Today, she edits a variety of programs, produces several others, and hosts one, too.

“I’ve really enjoyed producing the *Bible Unchained* series with Phil Ammons and I’m

Below (also on front cover): 3ABN Radio Team (L to R): Jennifer Todd, Mike Babb, Jay Christian, Kevin Poling, and Angela Lomacang. With your support and God’s blessings, our team works tirelessly to reach the world through the power of radio!

looking forward to working with Risë Rafferty on her new *Risë’s Pieces* health program,” she says. “But what really strengthens my faith is listening to the amazing testimonies I hear on *Crossroads on 3ABN Radio*, which I host—like the musician yesterday who looks like a biker but is a Bible worker!

“*Crossroads* is my joy, and when they tell me how Jesus delivered from their difficulties and their addictions, all I can say is, ‘Wow Lord!’”

**Kevin Poling** started as a part-time 3ABN worker in 2008 when he was just 16. He worked in our studios and in Master Control before becoming a radio production assistant. Now he edits programs, schedules promotional spots, and sometimes steps in as a recording engineer. “At first I felt like producing was a bit outside my wheelhouse, but God stretched me, and I’m grateful,” he says.

“The pandemic has taught me to focus less on myself and more on praising God and spending quality time with Him. I’ve learned when to turn things off, since it’s easy to get into the quagmire of what’s going on around me. I pay attention to what’s happening, but I don’t get bogged down by things that don’t matter. I look for God’s blessings, and live life one day at a time, since worrying robs me of my joy.”

**Jennifer Todd** has worked for 3ABN since 2007 but added new responsibilities at 3ABN Radio Network in 2020. “In addition to my role as Partnerships Manager for 3ABN’s parent network and marketing responsibilities, I’m also blessed to be part of the 3ABN Radio family, working alongside 3ABN Radio General Manager Jay Christian as his administrative assistant,” she says. “My responsibilities include affiliate relations, contract negotiations for new stations, FCC reports, and scheduling on-air spots and music on 3ABN Radio. Additionally, I am blessed to be able to assist with the production of FaithLight devotional podcasts, interact with listeners on 3ABN Radio’s Facebook page, and answer questions regarding our Bible and health programs. Almost daily, we

receive inspiring testimonies from our listeners who tune into 3ABN Radio at a pivotal time of need and hear a word of encouragement. I’m so thankful to have a small part in helping to further the gospel of Jesus Christ around the world!”

If you haven’t tuned in to 3ABN Radio yet, be sure to check out our website, [3ABNRadio.org](http://3ABNRadio.org). You can also listen on any device with our free app, or over hundreds of stations around the world! 📻



BRINGING THE SALVATION

MESSAGE TO THE WORLD.



## Answering God's Call

Jorgue and Lynette Jaque came to 3ABN in 2008—and what a blessing they've been! As they shared how they found the Lord and how He called them to ministry, it confirmed that God chose this wonderful family to be of service to Him.

### The Barrier Breaks Down

"I wasn't raised in church," Lynette begins, "and although I was brought up very morally, God was a swear word in our house. As a small child, I'd envision Him sitting beside me on the edge of the bed; but I knew He couldn't touch me because of an invisible barrier. Then I attended a youth event where the pastor outlined God's salvation plan and made an appeal to come to Jesus. Suddenly, that barrier was torn in half! I saw the bridge to God, and I ran across it! God could finally touch me, and I realized He'd been helping me all along!

"As I read the Bible, I wondered why we

didn't keep the Sabbath. I read that Jesus said Lazarus was not dead but just 'sleeping,' and wondered why we didn't believe that way. But I was in the herd, so I kept my thoughts to myself.

"Then I met and married Jorge, who was raised a Seventh-day Adventist. One day we were watching Doug Batchelor, and as new truths came into view, I realized I'd been an Adventist all along but didn't know it! I kept growing, and finally, when we were in Phoenix during the *Pathway to Life* series, I became a Seventh-day Adventist by profession of faith."

### Equipped for Service

"I'm a third generation Adventist," Jorge says, "but looking back, I realize that didn't mean anything until I met the Lord, myself. I attended Adventist schools and earned a degree in theology, but my love for media led me to work for the Adventist church in Argentina—and that's where I met the folks from 3ABN! John Dinzey and others came to Buenos Aires in 1990, and I worked on a video for them. When it was over, they invited me to 3ABN to experience more video production.

"In 2008, I began working for 3ABN Latino, then transitioned to Assistant Production Manager for the parent network under Greg Morikone. Later, when he became 3ABN's President, Greg asked me to serve as Production Manager. What a blessing it's been to learn what this ministry is all about from the inside out. I realized that God uses each worker He calls. When we were at a large event in Monterey, Mexico, I met two ladies who told me they'd seen a promo on TV and decided to come. That promo, put together by a video editor, *changed their destinies!*

"When I began working as Production Manager, I talked to my friend, Bobby Davis, and found my real motivation in something he said: 'Jorge, we're here to do something beyond our comprehension,' and that has been my experience at 3ABN!

"During my first ASI Convention, I thought, *What am I doing here?* So I texted Bobby and he replied, 'Let God do the work, Jorge. Just do the best you can. You know how to do this, but let God lead you in the right direction.' That was just what I needed, and by the time I returned, I'd realized that I'd met the most amazing, humble people, and that together we'd done something for the Lord I could never have done myself."

### Generations of Service

Other members of the family have worked for 3ABN, too. "In 2012 my oldest son drove me back from Washington State," Lynette says, "and after a few weeks, he filled out an application. That was a turning point in his life, because today Mark is a video editor and a director for 3ABN. Then his younger brother Seth began working with 3ABN's Grounds Department before switching to Production, where he worked as the lighting director before moving back to the West Coast.

"Our youngest kids practically grew up on the set of *Tiny Tots for Jesus*," she continues. "Our daughter just worked the 3ABN booth at the last young people's conference and our son can't wait to be old enough to volunteer, as well!

"And speaking of volunteering," Lynette adds, "if you have a skill set you can use for the Lord, contact us about becoming a volunteer. I was a volunteer for nine years before I was called in to work for 3ABN, and I love where I work!"



Above: Jorge (top) works with Ladonna and Dee in production, while Lynette works for Greg and Jill Morikone.

"That's right," Jorge says. "When you're working here you might find yourself helping the crew untangle cables or praying with them. In fact, I love seeing people talking together one minute and praying together the next. That doesn't happen often in the world, but at 3ABN there's always time to pray, to talk to each other, and to comfort one another. We're very real. We all have fears, challenges, and flaws, but God uses and sustains each of us, regardless of our shortcomings and backgrounds. I'm amazed how God uses unworthy people to do such worthy work."

"I adore being in ministry, and can't imagine doing anything else," Lynette concludes, "but what keeps me here are the miracles I hear when you write and call to tell us how the gospel of Jesus Christ has changed your life!"

We praise God for bringing Jorge, Lynette, and their children to be part of our 3ABN family, and we look forward to seeing who He will bring next! ☺

# FEBRUARY 2022 | 3ABN TV SCHEDULE

PST -2 hours • MST -1 hour • EST +1 hour **Red titles are changes effective this month.**  
**CC** = CLOSED CAPTIONED **L** = LIVE PROGRAM **★** = NEW SERIES **↻** = REPEAT OF LIVE PROGRAM

CST SUNDAY	
2:00a	Pillars of Faith <b>CC</b> 1hr
3:00	Featured Ministries <b>CC</b>
3:30	From Sickness to Health <b>CC</b>
4:00	House Calls <b>CC</b> 1hr
5:00	Digital Disconnect <b>CC</b>
5:30	Evolution Impossible <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Amazing Facts with Doug Batchelor <b>CC</b>
7:00	Amazing Adventures <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Your Favorites By Request <b>CC</b>
9:30	Adventures in Missions <b>CC</b>
10:00	3ABN Sabbath School Panel <b>CC</b> 1hr
11:00	3ABN Worship Hour <b>CC</b> 1hr
12:00p	Live to Be Well <b>CC</b>
12:30	Billy Blackwood & Friends <b>CC</b>
1:00	Revelation's Ancient Discoveries <b>↻</b> 1hr
2:00	Body & Spirit <b>CC</b>
2:30	Tiny Tots Kitchen/Creation Is! Science <b>CC</b>
3:00	3ABN Today LIVE <b>↻</b> 2hrs
5:00	The Carter Report <b>CC</b> 1hr
6:00	Jesus for Asia Now <b>CC</b>
6:30	Salvation in Symbols & Signs - Daniel <b>CC</b>
7:00	3ABN Sabbath School Panel <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b> 1hr
10:00	Featured Ministries <b>CC</b>
10:30	Lineage <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Secrets Unsealed Presents <b>CC</b> 1hr
1:00	Celebrating Life in Recovery <b>CC</b> 1hr

CST MONDAY	
2:00a	Revelation of Hope <b>CC</b> 1hr
3:00	3ABN Homecoming <b>CC</b> 1hr
4:00	Table Talk <b>CC</b> 1hr
5:00	His Words Are Life/Grandma's House <b>CC</b>
5:30	Cook:30 <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	Pressing in to His Presence <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Bible Gems / Creation Crafts <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	House Calls <b>CC</b> 1hr
10:00	Free Indeed <b>CC</b>
10:30	Books of the Book <b>CC</b>
11:00	3ABN Sabbath School Panel <b>CC</b> 1hr
12:00p	Behold the Lamb Presents <b>CC</b> 1hr
1:00	Off the Grid <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life (Casio Jones) <b>CC</b>
2:30	Heaven's Point of View <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Kids Camp Kitchen Fun <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	ASAP Ministries <b>CC</b>
5:30	Your Favorites by Request <b>CC</b>
6:00	Country Wisdom <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	Unlocking Bible Prophecy <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Spring Camp Meeting <b>CC</b> 1hr
10:00	The Carter Report <b>CC</b> 1hr
11:00	3ABN Today <b>CC</b> 1hr
12:00a	The Carter Report <b>CC</b> 1hr
1:00	ASI Conventions <b>CC</b> 1hr



**THREE COSMIC MESSAGES: EARTH'S FINAL CONFLICT**  
 The three angels' messages like you've never heard them before!  
 Watch it on 3ABN or on 3ABNPlus.tv on demand!

CST TUESDAY	
2:00a	Optimize 4 Life <b>CC</b>
2:30	Mission TREK <b>CC</b>
3:00	Sanctuary, Salvation, & Our Savior <b>CC</b>
3:30	Authentic <b>CC</b>
4:00	New Perceptions <b>CC</b> 1hr
5:00	Salvation in Symbols & Signs - Revelation <b>CC</b>
5:30	Wonderfully Made <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	The Heavens Declare <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Maranatha Mission Stories <b>CC</b>
8:00	3ABN Today LIVE <b>↻</b> 2hrs
10:00	Piano Praise <b>CC</b>
10:30	Adventures in Missions <b>CC</b>
11:00	Featured Ministries <b>CC</b>
11:30	Exalting His Word <b>CC</b>
12:00p	Revelation's Ancient Discoveries <b>CC</b> 1hr
1:00	Digital Disconnect <b>CC</b>
1:30	Cook:30 <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	Unshackled Purpose/Intimate Clarity <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Bible Gems / Bible Buzz <b>CC</b>
4:30	The Creation Case <b>CC</b>
5:00	Evolution Impossible <b>CC</b>
5:30	Multitude of Counselors <b>CC</b>
6:00	Mission 360 <b>CC</b>
6:30	The Incomparable Jesus <b>CC</b>
7:00	Secrets Unsealed Presents <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Behold the Lamb Presents <b>CC</b> 1hr
10:00	Amazing Facts with Doug Batchelor <b>CC</b>
10:30	The Creator Revealed <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Raw Questions Relevant Answers/Intimate Clarity <b>CC</b>
12:30	Jesus For Asia Now <b>CC</b>
1:00	Free Indeed <b>CC</b>
1:30	The Creator Revealed <b>CC</b>

CST WEDNESDAY	
2:00a	Kenneth Cox Ministries <b>CC</b> 1hr
3:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b>
4:00	Spring Camp Meeting <b>CC</b> 1hr
5:00	White Horse Media <b>CC</b>
5:30	HeartLift <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	It Is Written <b>CC</b>
7:00	Amazing Facts with Doug Batchelor <b>CC</b>
7:30	It Is Written Canada <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Grace Pipeline <b>CC</b>
9:30	Thunder in the Holy Land <b>CC</b>
10:00	3ABN Australia Homecoming <b>CC</b> 1hr
11:00	The Carter Report <b>CC</b> 1hr
12:00p	Celebrating Life in Recovery <b>CC</b> 1hr
1:00	Lineage <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life <b>CC</b>
2:30	Perfecting Me <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Sing Along / Bible Treasures <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	3ABN Sabbath School Panel <b>CC</b> 1hr
6:00	Sanctuary, Salvation, & Our Savior <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	A Sharper Focus <b>L</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Amazing Facts with Doug Batchelor <b>CC</b>
9:30	Digital Disconnect <b>CC</b>
10:00	It Is Written <b>CC</b>
10:30	Adventist World Radio <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Unlocking Bible Prophecy <b>↻</b> 1hr
1:00	Lineage <b>CC</b>
1:30	Unshackled Purpose/Raw Questions Relevant Answers <b>CC</b>

**Millennials need Jesus, too.**

Scan the QR code with your smartphone to quickly donate to 3ABN with PayPal.



CST THURSDAY	
2:00a	Laymen Ministries <b>CC</b>
2:30	Maranatha Mission Stories <b>CC</b>
3:00	Spring Camp Meeting <b>CC 1hr</b>
4:00	The Carter Report <b>CC 1hr</b>
5:00	Discover <b>CC 1hr</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Jesus for Asia Now <b>CC</b>
7:00	Kids Camp Kitchen Fun <b>CC</b>
7:30	Tiny Tots Kitchen /Tiny Tots Worship <b>CC</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	ASI Conventions <b>CC 1hr</b>
10:00	From Sickness to Health <b>CC</b>
10:30	Mission Trek <b>CC</b>
11:00	God's Last Message to the World <b>CC 1hr</b>
12:00p	Ultimate Prescription <b>CC</b>
12:30	Multitude of Counselors <b>CC</b>
1:00	The Heavens Declare <b>CC</b>
1:30	Amazing Facts with Doug Batchelor <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	Contending for the Faith <b>CC</b>
3:00	3ABN Today <b>CC 1hr</b>
4:00	Creation Crafts / Creation Is! Science <b>CC</b>
4:30	The Creation Case <b>CC</b>
5:00	3ABN Homecoming <b>CC 1hr</b>
6:00	The Carter Report <b>CC 1hr</b>
7:00	Sabbath School Study Hour <b>CC 1hr</b>
8:00	3ABN Today LIVE <b>2hrs</b>
10:00	Kenneth Cox Ministries <b>CC 1hr</b>
11:00	3ABN Today <b>CC 1hr</b>
12:00a	Table Talk <b>CC 1hr</b>
1:00	3ABN Today LIVE <b>2hrs</b>

CST FRIDAY	
3:00	Battles of Faith <b>CC</b>
3:30	Live to Be Well
4:00	The Incomparable Jesus <b>CC</b>
4:30	Action 4 Life <b>CC</b>
5:00	Sabbath School Study Hour <b>CC 1hr</b>
6:00	Body & Spirit <b>CC</b>
6:30	Contending for the Faith <b>CC</b>
7:00	Amazing Adventures <b>CC 1hr</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	Optimize 4 Life <b>CC 1hr</b>
9:30	Cook:30
10:00	Secrets to Wellness <b>CC</b>
10:30	Life After Choice / Divine Design <b>CC</b>
11:00	Thompsonville Worship Hour <b>CC 1hr</b>
12:00p	Daniel All Access <b>CC 1hr</b>
1:00	Behold the Lamb Presents <b>CC 1hr</b>
2:00	Billy Blackwood & Friends <b>CC</b>
2:30	HeartLift <b>CC</b>
3:00	3ABN Today <b>CC 1hr</b>
4:00	A Day With the King <b>CC</b>
4:30	Sing Along / Bible Treasures <b>CC</b>
5:00	Featured Ministries <b>CC</b>
5:30	Your Favorites By Request <b>CC</b>
6:00	Jesus for Asia Now <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	3ABN Sabbath School Panel <b>CC 1hr</b>
8:00	3ABN Today Family Worship <b>CC 1hr</b>
9:00	It is Written <b>CC</b>
9:30	Maranatha Mission Stories <b>CC</b>
10:00	Mission 360 <b>CC</b>
10:30	Hope in Motion / Pause to Pray <b>CC</b>
11:00	3ABN Today Family Worship <b>CC 1hr</b>
12:00a	ASI Conventions <b>CC 1hr</b>
1:00	Breath of Life <b>CC</b>
1:30	Thunder in the Holy Land <b>CC</b>

CST SATURDAY	
2:00a	Praise! <b>CC</b>
2:30	It Is Written <b>CC</b>
3:00	Daniel All Access <b>CC 1hr</b>
4:00	Revelation Now <b>CC 1hr</b>
5:00	Revelation Insights <b>CC 1hr</b>
6:00	Amazing Facts with Doug Batchelor <b>CC</b>
6:30	Tiny Tots for Jesus <b>CC</b>
7:00	Bible Gems / Bible Buzz <b>CC</b>
7:30	Sing Along / Bible Treasures <b>CC</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	3ABN Sabbath School Panel <b>CC 1hr</b>
10:00	3ABN Worship Hour <b>CC 1hr</b>
11:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b>
12:00p	Sabbath School Study Hour <b>CC 1hr</b>
1:00	New Perceptions <b>CC 1hr</b>
2:00	Kids Praise Too! <b>CC</b>
2:30	Adventist World Radio
3:00	3ABN Today <b>CC 1hr</b>
4:00	Maranatha Mission Stories <b>CC</b>
4:30	Hope in Motion / Pause to Pray <b>CC</b>
5:00	Breath of Life <b>CC</b>
5:30	Authentic <b>CC</b>
6:00	Laymen Ministries <b>CC</b>
6:30	Unshackled Purpose/Raw Questions Relevant Answers <b>CC</b>
7:00	Spring Camp Meeting <b>1hr CC</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	White Horse Media
9:30	Salvation in Symbols and Signs - Daniel <b>CC</b>
10:00	Table Talk <b>CC 1hr</b>
11:00	3ABN Today <b>CC 1hr</b>
12:00a	Discover <b>CC 1hr</b>
1:00	Anchors of Truth <b>CC 1hr</b>



**ALL NEW SEASON!**

Join Curtis and Paula Eakins for a new season of *Abundant Living*, a program that combines health news, inspirational themes, and delicious vegetarian cooking.

Curtis and Paula love what they do, and it shows! Their engaging humor makes this series a favorite.

**Mondays and Wednesdays at 1:30pm Central (UTC-6)**



# Radio Reaches Them!

We praise God for the ability to reach so many through our 3ABN Radio broadcasts, and thought we'd share some of the amazing letters and calls we receive from listeners around the world!

## In Russia

**Victor** listens in the Village of Zuevka in the Kurgan Region of Russia, and writes, "It's 3:40 in the morning, and I just listened to a program from Three Angels in Nizhny Novgorod on the radio. I've listened to this Christian station before, and at this time, the reception is excellent. I've been listening to your broadcasts for five years and I really like them. I am 65 years old."

**Svetlana** lives in Volgograd, Russia, and writes, "Thank you for your radio broadcasts. My son has trouble sleeping, and as I looked for a way to put him to sleep, I played him different music on the radio—and that's how we found your frequency. Now we listen to your radio station and he's fallen in love with the familiar words and sounds. It will be a great story to tell him when he grows up."

**Vladimir**, in Novaya Ladoga, Russia, says, "I decided to write to you when I

heard your program on the radio. I really liked it! When our radio is working, I listen to you with pleasure, but sometimes all we get is static interference. So when we get the opportunity, we listen and pray that the Lord will bless you in your work. We also pray that He will give you health and strength, and protect you from all the misfortunes of the evil one."

**Vera**, who lives in California, wrote, "Hello! I'm listening to your radio station on my smartphone! I am grateful to the Lord for your broadcasts, and also that you give people the opportunity to study the Bible for free. I have a burning desire to learn more and more, and although I live in the United States, I really want to study your lessons in Russian."

## In Prison

**Sabrina** writes from a correctional facility and says, "I want to thank you for your broadcasts. As an inmate at a Pacific

Northwest correctional facility, I rely solely on your broadcasts to be fed the Word of God. Enclosed is a love gift to show my gratitude to the Lord. I thank you for staying strong and spreading God's Word to all of us, and bringing His children closer to Him. I love you all and pray for you daily!"

**Nina** writes, "My son is an inmate at an Indiana prison and he asked me to send you this donation. He was drawn to your church by the sermons he heard, and God has watched over him. I know He has a plan for his life. Thank you for your radio broadcasts!"

## In Australia

**Abbey** wrote us, saying, "I have been a Christian all my life but it was only during COVID that I realized that God cares for me. The lockdown in New South Wales began on my birthday and from there it went downhill. I'd been given a radio for my tenth birthday, so when COVID came, my parents suggested I turn it on (I had never used it, and it sat there for a year). I kept it on all day and all night and I loved listening to the radio—especially the testimonies. Because of 3ABN Australia Radio, I was baptized on February 13, 2021. I still listen and just love it. I am only 12, but after my baptism, my life has gotten harder. I always feel the devil's temptations, but every Sabbath I go to a place where I believe Satan isn't allowed—my local Seventh-day Adventist church! Thank you for all your work. You have performed a miracle in my life."

**Beulah** phoned to ask us to pray for her upcoming cataract surgery. A month earlier, she'd prayed for spiritual food and the very next day she "stumbled" across 3ABN Australia Radio and believes that was an answer to prayer.

**An anonymous lady** explained how she just happened to "stumble" across 3ABN Australia Radio. Her neighbors had their rock music blaring, so she decided to put her radio outside to combat them. As she listened, she thought, *This is religious material and it is interesting*, so she took the radio inside and has continued listening to this day!

**Sonya** phoned to say that she finds listening to 3ABN Australia Radio before and after her nursing shifts very comforting because the presenters are intelligent, happy people. "In my workplace there are jealousies, fighting, and blasphemy, but it is so nice to listen to 3ABN Australia Radio and have none of that on there," she says. Recently, she became a Seventh-day Adventist and 3ABN Australia Radio gives her something to share with her friends!

Yes, God is blessing many thousands of souls today because of the faithful efforts of those who work tirelessly to keep 3ABN Radio on the air around the world. Together, we can reach millions who still don't know Jesus Christ! ☺



"Because of 3ABN Australia Radio, I was baptized on February 13, 2021. I still listen and just love it." - Abbey

**HAPPY NEW BIRTHDAY, ABBEY,  
FROM YOUR 3ABN FAMILY!**

# PRECIOUS THINGS

For many years, our supporters have kept 3ABN's ministry on the air through their prayers and financial support. They have also sent all types of precious and valuable things that our Donation Center staff has transformed into hundreds of thousands of dollars used to further the Lord's work.

## HANDLED WITH CARE

Each donation is a precious gift, so each item is carefully researched and documented by our 3ABN Donation Center Manager, Bruce Chance, who is greatly assisted by Bethany Chance.

After many years of experience and extensive research, Bruce has carefully put together a network of professional dealers and private buyers which usually assures a higher price for those items than the average seller can obtain.

"We stay up-to-date on the value of useful items," Bruce says, "and we focus mainly on gold, silver, diamonds, coins, real jewelry, and any sterling items donated to the ministry."

"Some of our donors would like to claim a tax deduction for the value of their donated items," he says, "so if requested, we'll send them an assessed value receipt for the current market value on the date we receive their item."

"We praise the Lord for those who are eager to help 3ABN's ministry through their donated items, but I always advise them to put their gift in God's hands, then trust 3ABN to get the best price possible."

If the Lord lays it on your heart to send an item of value that can be used to support 3ABN's ministry, please call or email us before sending it. And know that you have our heartfelt thanks for everything you do to help spread the gospel!

**For other useful items we accept, or to check out our Ebay store, please visit [3ABN.tv/donation-center.html](http://3ABN.tv/donation-center.html).**

### BEFORE YOU SEND IT!

Please call or e-mail Bruce before sending any items at (618) 627-4651 extension 3078, or [bruce.chance@3abn.org](mailto:bruce.chance@3abn.org).



# Cheesecake

by Stephanie Salazar

## CRUST

- Approximately 23 graham crackers
- 4 Tbsp melted vegan butter or coconut oil

## FILLING

- 2 cups of raw cashews
- 1 cup cooked chickpeas, drained and rinsed
- 1 tsp vanilla powder or 3 tsp vanilla extract
- 1 can whole coconut milk
- 1 tsp apple cider vinegar
- 2 Tbsp lemon juice
- ⅔ cup maple syrup
- 2 Tbsp cornstarch
- zest of 1 lemon
- 2 Tbsp tahini
- ½ tsp salt



## DIRECTIONS

1. Soak cashews in boiling water for 15 minutes, then drain and set aside.
2. Blend crackers and melted butter in food processor until finely ground.
3. Line the sides of a springform pan with wax paper and pour cracker crust mixture into base. Spread evenly, then press down crust and refrigerate.
4. Place filling ingredients into blender and blend until creamy.
5. Pour filling into crust and bake at 350°F for about 50 minutes, or until lightly browned.
6. Let cheesecake cool for 8 hours and serve cold with some fruit sauce.



For more great recipes visit [3ABNRecipes.org](http://3ABNRecipes.org)



Find this cooking video on 3ABNPlus.tv!

Just look for "Recipes for Special Occasions" (TDYC190009)





# GOD HAS A BLESSING FOR YOU!

Join us for 3ABN Worship Hour on demand  
on 3ABN+ or 3ABN's YouTube Channel



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