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# 3ABN WORLD MAGAZINE



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PRESIDENT'S LETTER | Greg Morikone



Dear 3ABN Family,

The cold gravel of the road crunched under my boots. Snow was in the forecast as low gray clouds swirled overhead, blown along by a strong north wind. I pulled my work coat in closer to me and quickened my pace down the country road—it was cold!

Up ahead and to my left, I noticed a ball of dry leaves moving quickly along a branch, high up in a tree. I knew immediately what it was, because sticking out from behind the leaves was a slender body and bushy gray tail. I watched for a few seconds as the squirrel busily added more leaves to its winter nest, making it even warmer for the storm that was soon to come.

As I hurried home, I thought about that little squirrel and its preparations for the winter. And the question arose, *How am I preparing for the final crisis that lies ahead for the world?*

The storm clouds of finances, wars, morality, health, and loss of freedoms are quickly gathering, and the only way to prepare for the times we're living in is found in the Bible. "Your word is a lamp to my feet and a light to my path."

Psalm 119:105. God's Word is lifesaving. The Word of God is transformational. The Word of God is unchanging!

3ABN's commission to "Go ye into all the world" (Mark 16:15 KJV) is one we don't take lightly. Every day, people are looking for answers that can only be found in God's Word. What a message we have to share—that they can find hope and safety in Jesus as the storms of life swirl around them.

Thank you for your prayers and financial support as 3ABN proclaims this message to the world!

Greg Morikone  
3ABN President



# Get the most out of life!

God is concerned with our well-being, but that means more than physical fitness. He wants our body, mind, and spirit to thrive!

3ABN's health programs will help you get the most out of life—and prepare you for the next!

WATCH ON  
**3ABN** 



# MOVING FORWARD

by Jason Bradley

Since 3ABN Dare to Dream Network's inception in 2011, we've not only been caring for the spiritual needs of our urban audience, but for their financial literacy, health and wellness, parenting skills, and so much more. Through a combination of television programs and innovative initiatives, we've been able to touch their lives with the grace of God that empowers us to become the men and women He created us to be.

## FREEDOM FROM BONDAGE

The United States has the highest incarceration rate in the world—and the 2.3 million prisoners in this country desperately need to hear the gospel of Jesus Christ. Dare to Dream (D2D) has been reaching out to them for many years, but recently, God has given us another valuable media mechanism called the mySDATV Interless System. These hard drive devices contain 3,901 Christian lifestyle television programs chosen especially to connect those who are in captivity to the transforming power of God. And as their lives change, they directly impact the rate of recidivism.

Thanks to wonderful sponsors like you, we can provide these systems to correctional facilities free of charge, and we're finding that inmates have an insatiable appetite for the Word of God—even though they might not realize He is the answer they've been longing for!

Already, we've installed Interless systems in prisons across the country, from Arizona to Colorado, Indiana, Florida, Kentucky, Maryland, Minnesota, Virginia, and even Toronto, Canada! However, we need your help in getting these devices into even more facilities. If you are already working in prison ministry and have direct contact with local prison officials, please email us at [d2d@3abn.org](mailto:d2d@3abn.org).

Jesus said, "The Spirit of the Lord is upon Me, because He has anointed Me to preach the gospel to the poor; He has sent Me to heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed; to proclaim the acceptable year of the Lord." Luke 4:18–19. With His Second Coming so near, we believe it's time to set the spiritual captives free by introducing them to their Liberator!

## BREAKING STRONGHOLDS

This liberation takes many forms, and we provide our viewers with practical tools for living as we introduce them to their loving Savior. Our clear vision is to equip them with tips and strategies to live out the gospel. Our programs provide actionable steps to enhance their Christian walk and bring about emotional, physical, and spiritual healing.



*Strategies for Strongholds* (left) and *Creative Cooking* programs (right) are powerful tools for change. They help Dare to Dream Network viewers make important and lasting changes to both their spiritual and physical lives.

*Strategies for Strongholds*, hosted by members of the Coming Out Ministries team, features powerful testimonies and strategies for taking down Satan's strongholds—whether they be drugs, pornography, lust, or homosexuality, God provides a way to break free! This powerful program focuses on the redemptive nature of Christ while encouraging viewers to repent and gain victory over those strongholds.

We've received lots of positive feedback on YouTube (@d2dnetworktv), like Lucia's comment that says, "Thank you for sharing your testimony! It's wonderful how you kept praying during the time of your struggles. That gives me hope for my brother!" Another viewer writes, "What a great, great, program. And what an amazing testimony! We all need to hear more of how God's faithful love reaches us while we are yet sinners." And finally, Erika writes: "Thank you so much for this episode. I've learned so much, and you've answered a burning question I've had for some time now."

Our *Creative Cooking* series features delicious recipes by vegan chefs, and Dr. Helen Stoddart hosts our third season featuring recipes that not only help reverse diabetes, but other chronic diseases like cancer, hypertension, and obesity. Many who struggle with diabetes don't want to sacrifice flavor for nutrition—and now they don't have to! So many of them are excited to try these delicious recipes, like Tamson, who asks, "Where can I locate these recipes? Are they in a cookbook? I truly enjoy your beautiful channel through YouTube."

## GRATITUDE

It never ceases to amaze me how God makes the necessary connections to drive His work forward. By His grace, we've developed many great relationships that have put us in a prime position to spread the gospel behind bars, create relevant programming, and reach souls for Christ.

However, I really want to take a moment to thank you from the bottom of my heart for your prayers and financial support of Dare to Dream Network. It is paramount that we take this gospel message to all the world, and you have been a huge part of making that happen. I can't wait to see you in God's kingdom one day soon! ☺

**THANK YOU FOR YOUR PRAYERS AND FINANCIAL SUPPORT OF 3ABN'S DARE TO DREAM NETWORK**



# God is Faithful

This year, our 3ABN family grew again when Gary and Kelly Peterson joined our team. And, as always, God brought them here by an amazing path!

Gary's parents divorced when he was very young, and his childhood years were difficult. "My mom raised us, but there was a lot going on so my sister moved out, but my brother and I stayed. Mom took us to a Wesleyan Methodist church, but growing up without a dad was tough," Gary says. "Then a kind man told me that God was the Father of the fatherless, and from that time on, I'd go out into the woods and just talk to God because He was like my Dad."

Kelly was raised on a farm, but when her parents divorced and her mother remarried, she had a difficult time with her stepfamily. "I'd grown up Lutheran," she says, "and when I was eight or so, I asked Christ into my heart. But later, in Confirmation class, I asked my pastor about the Sabbath and he told me that the Ten Commandments were like 'table manners,' and that they didn't really matter. By the time I was a young teenager, I was in a relationship. And although I

wanted a relationship with Christ, well, it was like those Ten Commandments—it didn't really matter.

"I met Gary while working at Boston Scientific, and we got along well, so ten months later, we married. But we never found a church that appealed to us both."

## Difficulties

As Kelly finished her accounting degree, the couple were told they couldn't have children, so they adopted Gary's nephew and niece, since his sister was struggling with drug addiction. Gary had begun smoking marijuana in his teens but had sought help for his problem; however, shortly after the adoption, he started using again.

One night, his sister called Kelly to say that something was wrong with Gary and that he needed help. So Kelly drove him to the emergency room. "His pulse was racing, and he told me his heart hurt," she says. "But I didn't think he was talking about physical pain.

"In the meantime, our children needed a lot of medical attention, too. They'd been through a lot, and our daughter Ali was having trouble with her speech and other

Gary and Kelly Peterson, along with their son Henry, have recently joined our 3ABN Family! And although they've faced a great many difficulties, they've remained faithful to the Lord. We're so blessed to have them with us!

sensory issues. And, as God would have it, that's when we found out that we were going to have our son, Henry!"

## God is Faithful

Fresh out of treatment, Gary found out that he'd lost his job. "I also discovered that Kelly had been listening to Amazing Facts' *Bible Answers Live* program online and going to a Seventh-day Adventist church with our kids every Sabbath!" he says. "I was really leery about it because *who goes to church on Saturday?* But that little church was praying for me, and one day, I decided to go with her.

"They really studied the Bible in Sabbath School, and it was refreshing. The more I studied, the more I wanted to join them, so I began preparing for baptism. God used the members of that little church to get me out of my shell, and I got involved in Sabbath School, became a deacon, an elder, and even preached a few sermons!"

Convinced that Christian education was important, the Petersons enrolled their children in Adventist schools, driving them 35 miles each day. But sadly, their 14-year-old daughter Ali fell in with the wrong crowd and soon was into drugs and attempting suicide.

Satan hurled his worst at them, and even as they did their best to help her, they lost their beautiful daughter to an accidental overdose in 2020.

## What's Next?

As the family grieved, Gary and Kelly turned their thoughts to finding a church that could provide more engaging opportunities for their two sons, Perry and Henry. So it seemed providential when

Kelly found an accounting position at 3ABN earlier this year.

"Perry still lives in Minnesota," Gary says, "and Henry is now enjoying the young people's activities at the Thompsonville Seventh-day Adventist Church. But when Kelly was hired at 3ABN, I felt really torn.

"I had a good job and stayed back in Minnesota to sell our home. But one night, I accidentally locked myself out of the house, and as I sat in my car worrying about everything, all of a sudden I heard a voice saying, 'Be still, and know that I am God' (Psalm 46:10). I knew God was speaking to me! Of course, not only did our house sell, but many other things I worried about never happened. God's reminded me of those words many more times, and although we've faced some pretty big challenges, He's been faithful, and kept His mighty hand on everything."

**"The more I studied, the more I wanted to join them, so I began preparing for baptism."**

Gary's eyes well up in tears. "I know how much He loves us, and Jeremiah 29:11 says, 'For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope.'"

We see Gary and Kelly's smiling faces every day as he works in Receiving at 3ABN's Call Center and she works in Accounts Payable. "We're family here," he says, "and I can talk to anybody and get a God-given, Spirit-filled answer. What else does God have in mind for us? I don't know, but I can't wait to find out!" ☺

# JANUARY 2023 | 3ABN TV SCHEDULE

PT -2 hours • MT -1 hour • ET +1 hour **Red titles are changes effective this month.**  
**CC** = CLOSED CAPTIONED **L** = LIVE PROGRAM **★** = NEW SERIES **↻** = REPEAT OF LIVE PROGRAM

SUNDAY CENTRAL TIME	
2:00a	Pillars of Faith <b>CC</b> 1hr
3:00	Featured Ministries <b>CC</b>
3:30	From Sickness to Health <b>CC</b>
4:00	House Calls <b>CC</b> 1hr
5:00	Digital Disconnect <b>CC</b>
5:30	Evolution Impossible <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Amazing Facts with Doug Batchelor <b>CC</b>
7:00	Amazing Adventures <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Your Favorites By Request <b>CC</b>
9:30	Adventures in Missions <b>CC</b>
10:00	3ABN Sabbath School Panel <b>CC</b> 1hr
11:00	3ABN Worship Hour <b>CC</b> 1hr
12:00p	<b>The Incredible Journey</b> <b>CC</b>
12:30	Timeless Healing Insights <b>CC</b>
1:00	Mark Finley Presents 1hr
2:00	Body & Spirit <b>CC</b>
2:30	Kids X-Press / Creation Isl Science <b>CC</b>
3:00	3ABN Today LIVE <b>L</b> 2hrs
5:00	The Carter Report <b>CC</b> 1hr
6:00	Jesus for Asia Now <b>CC</b>
6:30	Salvation in Symbols & Signs - Daniel <b>CC</b>
7:00	3ABN Sabbath School Panel <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b> 1hr
10:00	Strategies for Strongholds <b>CC</b>
10:30	Lineage <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Secrets Unsealed Presents <b>CC</b> 1hr
1:00	Celebrating Life in Recovery <b>CC</b> 1hr

MONDAY CENTRAL TIME	
2:00a	Revelation of Hope <b>CC</b> 1hr
3:00	3ABN Homecoming <b>CC</b> 1hr
4:00	Table Talk <b>CC</b> 1hr
5:00	His Words Are Life/Grandma's House <b>CC</b>
5:30	Cook:30 <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	Pressing in to His Presence <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Jesus My Light / Creation Crafts <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	House Calls <b>CC</b> 1hr
10:00	Free Indeed <b>CC</b>
10:30	Books of the Book <b>CC</b>
11:00	3ABN Sabbath School Panel <b>CC</b> 1hr
12:00p	Behold the Lamb Presents <b>CC</b> 1hr
1:00	Off the Grid <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life (Casio Jones) <b>CC</b>
2:30	Heaven's Point of View <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Kids Camp Kitchen Fun <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	ASAP Ministries <b>CC</b>
5:30	Your Favorites by Request <b>CC</b>
6:00	IIW Sabbath School <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	Unlocking Bible Prophecy <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Summer Camp Meeting <b>CC</b> 1hr
10:00	The Carter Report <b>CC</b> 1hr
11:00	3ABN Today <b>CC</b> 1hr
12:00a	The Carter Report <b>CC</b> 1hr
1:00	Mark Finley Presents <b>CC</b> 1hr



## 3ABN Sabbath School Panel

Lively, honest, and insightful!  
 Come study with us.  
 Check our schedule for times.

TUESDAY CENTRAL TIME	
2:00a	Optimize 4 Life <b>CC</b>
2:30	<b>The Incredible Journey</b> <b>CC</b>
3:00	Sanctuary, Salvation, & Our Savior <b>CC</b>
3:30	Authentic <b>CC</b>
4:00	<b>Pioneer Media</b> <b>CC</b> 1hr
5:00	Salvation in Symbols & Signs - Revelation <b>CC</b>
5:30	Wonderfully Made <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	The Heavens Declare <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Maranatha Mission Stories <b>CC</b>
8:00	3ABN Today LIVE <b>L</b> 2hrs
10:00	Piano Praise <b>CC</b>
10:30	Adventures in Missions <b>CC</b>
11:00	Featured Ministries <b>CC</b>
11:30	Exalting His Word <b>CC</b>
12:00p	Revelation's Ancient Discoveries <b>CC</b> 1hr
1:00	Digital Disconnect <b>CC</b>
1:30	Cook:30 <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	Unshackled Purpose/Intimate Clarity <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Bible Gems / Bible Buzz <b>CC</b>
4:30	Kids X-Press / Bible Treasures <b>CC</b>
5:00	Evolution Impossible <b>CC</b>
5:30	The Incomparable Jesus <b>CC</b>
6:00	Mission 360 <b>CC</b>
6:30	Timeless Healing Insights <b>CC</b>
7:00	Secrets Unsealed Presents <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Behold the Lamb Presents <b>CC</b> 1hr
10:00	Amazing Facts with Doug Batchelor <b>CC</b>
10:30	The Creator Revealed <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Featured Ministries <b>CC</b>
12:30	Jesus For Asia Now <b>CC</b>
1:00	<b>Child Impact Int./ Journeys</b> <b>CC</b>
1:30	The Creator Revealed <b>CC</b>

WEDNESDAY CENTRAL TIME	
2:00a	Kenneth Cox Ministries <b>CC</b> 1hr
3:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b>
4:00	Summer Camp Meeting <b>CC</b> 1hr
5:00	White Horse Media <b>CC</b>
5:30	HeartLift <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	It Is Written <b>CC</b>
7:00	Amazing Facts with Doug Batchelor <b>CC</b>
7:30	It Is Written Canada <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Grace Pipeline <b>CC</b>
9:30	Thunder in the Holy Land <b>CC</b>
10:00	3ABN Australia Homecoming <b>CC</b> 1hr
11:00	The Carter Report <b>CC</b> 1hr
12:00p	Celebrating Life in Recovery <b>CC</b> 1hr
1:00	Lineage <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life <b>CC</b>
2:30	Perfecting Me <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Sing Along / Bible Treasures <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	3ABN Homecoming <b>CC</b> 1hr
6:00	Sanctuary, Salvation, & Our Savior <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	A Sharper Focus <b>L</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Amazing Facts with Doug Batchelor <b>CC</b>
9:30	Digital Disconnect <b>CC</b>
10:00	It Is Written <b>CC</b>
10:30	Adventist World Radio <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Billy Blackwood and Friends <b>L</b> 1hr
1:00	Lineage <b>CC</b>
1:30	Unshackled Purpose/Raw Questions Relevant Answers <b>CC</b>



## Your gift is saving lives.

Scan the QR code with your smartphone to easily donate to 3ABN Dare to Dream with PayPal.



### THURSDAY CENTRAL TIME

- 2:00a Laymen Ministries **CC**
- 2:30 Maranatha Mission Stories **CC**
- 3:00 Revelation's Ancient Discoveries **CC 1hr**
- 4:00 The Carter Report **CC 1hr**
- 5:00 Discover **CC 1hr**
- 6:00 Body & Spirit Aerobics **CC**
- 6:30 Jesus for Asia Now **CC**
- 7:00 Kids Camp Kitchen Fun **CC**
- 7:30 Tiny Tots Kitchen /Tiny Tots Worship **CC**
- 8:00 3ABN Today **CC 1hr**
- 9:00 ASI Conventions **CC 1hr**
- 10:00 From Sickness to Health **CC**
- 10:30 Mission Trek **CC**
- 11:00 God's Last Message to the World **CC 1hr**
- 12:00p Ultimate Prescription **CC**
- 12:30 Multitude of Counselors **CC**
- 1:00 The Heavens Declare **CC**
- 1:30 Amazing Facts with Doug Batchelor **CC**
- 2:00 Body & Spirit **CC**
- 2:30 Country Wisdom **CC**
- 3:00 3ABN Today **CC 1hr**
- 4:00 Creation Crafts / Creation Is! Science **CC**
- 4:30 The Creation Case **CC**
- 5:00 Sabbath School Panel **CC 1hr**
- 6:00 The Carter Report **CC 1hr**
- 7:00 Bible Answers Live **CC 1hr**
- 8:00 3ABN Today LIVE **2hrs**
- 10:00 Kenneth Cox Ministries **CC 1hr**
- 11:00 3ABN Today **CC 1hr**
- 12:00a Table Talk **CC 1hr**
- 1:00 3ABN Today LIVE **2hrs**

### FRIDAY CENTRAL TIME

- 3:00 Strategies for Strongholds **CC**
- 3:30 Live to Be Well
- 4:00 The Incomparable Jesus **CC**
- 4:30 Action 4 Life **CC**
- 5:00 Multitude of Counselors **CC**
- 5:30 Ultimate Prescription
- 6:00 Body & Spirit **CC**
- 6:30 Contending for the Faith **CC**
- 7:00 Amazing Adventures **CC 1hr**
- 8:00 3ABN Today **CC 1hr**
- 9:00 Optimize 4 Life **CC 1hr**
- 9:30 Cook:30
- 10:00 Secrets to Wellness **CC**
- 10:30 Life After Choice / Divine Design **CC**
- 11:00 Thompsonville Worship Hour **CC 1hr**
- 12:00p Daniel All Access **CC 1hr**
- 1:00 Behold the Lamb Presents **CC 1hr**
- 2:00 Raw Questions Relevant Answers/Journeys **CC**
- 2:30 HeartLift **CC**
- 3:00 3ABN Today **CC 1hr**
- 4:00 A Day With the King **CC**
- 4:30 Sing Along / Jesus My Light **CC**
- 5:00 Featured Ministries **CC**
- 5:30 Your Favorites By Request **CC**
- 6:00 Jesus for Asia Now **CC**
- 6:30 **Child Impact Int. / Unshackled Purpose** **CC**
- 7:00 3ABN Sabbath School Panel **CC 1hr**
- 8:00 3ABN Today Family Worship **CC 1hr**
- 9:00 It is Written **CC**
- 9:30 Maranatha Mission Stories **CC**
- 10:00 Mission 360 **CC**
- 10:30 Child Impact Int. / Pause to Pray **CC**
- 11:00 3ABN Today Family Worship **CC 1hr**
- 12:00a ASI Conventions **CC 1hr**
- 1:00 Breath of Life **CC**
- 1:30 Thunder in the Holy Land **CC**

### SATURDAY CENTRAL TIME

- 2:00a Praise! **CC**
- 2:30 It Is Written **CC**
- 3:00 Daniel All Access **CC 1hr**
- 4:00 Revelation Now **CC 1hr**
- 5:00 Revelation Insights **CC 1hr**
- 6:00 Amazing Facts with Doug Batchelor **CC**
- 6:30 Tiny Tots for Jesus **CC**
- 7:00 Sing Along / Bible Gems **CC**
- 7:30 IIW Sabbath School **CC**
- 8:00 3ABN Today **CC 1hr**
- 9:00 3ABN Sabbath School Panel **CC 1hr**
- 10:00 3ABN Worship Hour **CC 1hr**
- 11:00 **Pioneer Media** **CC 1hr**
- 12:00p Bible Answers Live **CC 1hr**
- 1:00 **Summer Camp Meeting** **CC 1hr**
- 2:00 Kids Praise Too! **CC**
- 2:30 Adventist World Radio
- 3:00 3ABN Today **CC 1hr**
- 4:00 Maranatha Mission Stories **CC**
- 4:30 Child Impact Int. / Pause to Pray **CC**
- 5:00 Breath of Life **CC**
- 5:30 Authentic **CC**
- 6:00 Laymen Ministries **CC**
- 6:30 Unshackled Purpose / Journeys **CC**
- 7:00 **Secrets Unsealed Presents** **1hr CC**
- 8:00 3ABN Today **CC 1hr**
- 9:00 White Horse Media
- 9:30 Salvation in Symbols and Signs - Daniel **CC**
- 10:00 **Mark Finley Presents** **CC 1hr**
- 11:00 3ABN Today **CC 1hr**
- 12:00a Discover **CC 1hr**
- 1:00 **Secrets Unsealed Presents** **CC 1hr**

## 3ABNBibleAnswers.com

Ever come across a Bible question you struggled to answer? Every day, thousands of people search for those answers on the Internet—and who knows what they'll find!

Now there's a website with answers you can trust—and feel good about recommending!

**3ABNBibleAnswers.com** was created to answer some of the most commonly asked questions we hear from our prayer line callers. *Using the Bible as the guide*, these thoughtful answers will leave little doubt about what God wants us to know. It's a brand-new evangelistic tool!



**Tell your family. Tell your friends. Share it with the world!**

God is blessing 3ABN Dare to Dream (D2D) Network as we strive to reach urban audiences and meet their urgent needs. What joy we feel when we hear from you, both here in North America, and across the world, as you share how the Lord is blessing you through both 3ABN and D2D's Christ-centered programming. Here are just a few of your letters.

### Viewing from North America

Sister Sam writes from Canada, where she now attends the Ruth Seventh-day Adventist Church in Brampton, Ontario. "Dare to Dream is my favourite network," she begins. "I was in a dark place in my life. I was very sick, could hardly walk, and my left hand was lifeless. I struggled with excruciating pain and spent many sleepless nights in the hospital until the Holy Spirit led me to 3ABN's Dare to Dream Network.... I began to watch your informative, inspiring, and empowering programs non-stop for hours. I took notes on sermons that were preached on there, and I became familiar with everyone on Dare to Dream. The more I watched, the more I felt the glory and inspira-

tion of God. My health issues started to improve.... and the Holy Spirit started teaching me many things through Dare to Dream that I should have known but didn't know. I started to read God's Holy Bible from Genesis to Revelation, prayed without ceasing, and read many of Ellen White's books. The character of God was displayed to me on Dare to Dream. Your network is reaching lives around the world and their mission, from my standpoint, is a mission without borders; God has really inspired this network to reach His people. I always share Dare to Dream on social media so others can enjoy the powerful programs. You have been and continue to bless, educate, and enrich my soul with the true Word of God."

Melinda writes, "I watch Dare to Dream every day online. It's especially fun when I see people I know, like the singer, Heather Willis, and my pastor, Steve Conway and his wife Tammy, from *Live To Be Well*. There are so many good shows, and I have had many answers to prayer that keep me on my walk with the Lord.... D2D is in my prayers."

Marilyn loves our *Salvation in Symbols and Signs* and says that she is watching it on Dare to Dream's YouTube Channel. She writes, "I just love the beautiful way in which you painted these picturesque scenes from the Bible in making it come alive. May the God of Heaven continue to bless you all."

We also received a short note from Jon saying, "This has me really digging into Revelation like never before. I am filled!"

### Viewing from Africa

Henry emailed us an encouraging word, saying, "Glory to God for the *3ABN Sabbath School Panel!* I eagerly look forward to every Sabbath morning. Living in a remote part of Africa, where there are no Seventh-day Adventist churches, online services are my only source of spiritual uplifting. I love the excitement and the to-the-point delivery, and really enjoy how you open with prayer.... May God richly bless all of you in your work, life, family, and especially as we look forward to the soon coming of Him who was crucified."

And then there's an email from Ukachukwu, who says, "I'm from Nigeria and was born and raised Catholic. But I had no knowledge of God. During my teens, I felt the Holy Spirit speaking to my heart. I went through many challenges, and in the process, God opened my eyes. I found the seventh day to be the true day of worship while watching 3ABN at my grandmother's house. I wondered why my grandmother didn't know this truth, and asked her certain questions regarding the Sabbath. I am currently worshipping in one of our branches of the Festac Seventh-day Adventist Church here in Lagos, Nigeria. Thank you for reaching out with the truth."

### Viewing Online

Lillie is especially blessed by the programs she watches on 3ABN. She writes, "I do not drive and cannot attend church in person, so online services and Bible studies are best for me. Thank you, 3ABN, for being a part of my salvation journey!"

Kymmberlie emailed us after watching a sermon by Pastor John Lomacang, saying, "This was a fantastic sermon! I stumbled across 3ABN's YouTube channel tonight... and it's amazing how God will lead you to what you need to hear! I was hanging on every word and would back up to really take in the message. I will strive to step up my part—we all need to live our lives like each day was our last day on

**"It's amazing how God will lead you to what you need to hear!"**

Earth, doing everything we can to spread the gospel. God bless you, and God bless all who read this message."

And finally, Ruby writes to us from Las Vegas, Nevada, saying, "Dear 3ABN Family, the real thanks are for the blessings of our Heavenly Father, and of course, your wonderful station. It was a true blessing when I found you in the early 1990s. Because of this, I have learned so much! I'm on my third time reading the Bible from cover to cover. May God continue to bless all of you. Keep sharing the three angels' messages of Revelation 14!"

Thank you for all you do for this ministry, and thank you for your encouraging letters and emails. We love having you all as part of our 3ABN Family! ☺

Filled  
with Joy



# New 3ABN BIBLE STUDY GUIDES

One of the pressing needs we've identified is that of Bible study guides that focus on the themes and truths presented in the three angels' messages of Revelation 14, so we're thrilled to tell you that they will be available soon!

Drawing on many years of experience as a Bible teacher, Daniel Perrin of our 3ABN Pastoral staff has been hard at work writing them. "It's a great privilege to contribute to this set of Bible study lessons for 3ABN," he says, "and as I write, I pray for the prompting of the Holy Spirit. The Bible is a rich and precious treasure, and our human attempts to show its value just scratch the surface. My challenge is to share as much as possible in a few words, while staying faithful to the purpose of each text—and to the overall story of our loving God. As we come closer to the Second Coming of Jesus, I believe there's an even greater need for clear presentations of the full gospel so many can hear it for the first time—or hear it *again* for the first time."



Daniel Perrin prays and studies as he writes our new 3ABN Bible Study Guides.

3ABN President Greg Morikone is excited, too. "3ABN is all about evangelism, and these eye-catching, easy to follow lessons are just another way to share the gospel," he says. "Each lesson focuses on the important doctrines of the Bible, while keeping Jesus Christ as the central theme. They make an excellent resource for you to give Bibles studies, form small study groups, or study the Bible more yourself."

The first 14 topics will include The Great Controversy, Salvation Through Jesus, The Wonderful Word of God, Holy Spirit and Sanctification, Marriage and Family, Health and Lifestyle, Judgment, Creation, The Sabbath, God's Church and Worship, Death, Hell—and more!

These studies will be especially affordable and useful to our Prison Ministry department, too. So if you'd like to donate towards their creation or printing costs, please earmark your gifts with the number below. Thank you for taking part in 3ABN evangelism!

Be sure to earmark your donation  
**#324 - Bible Study Guides**

## Green MANGO BOWL

by Dr. Helen Stoddart

### INGREDIENTS

#### Green Mixture

- 2 cups organic spinach
- 1 ½ cups frozen mango chunks
- 1 frozen banana, chopped
- ½–1 cup non-dairy milk
- 1 tsp moringa powder

#### Toppings

- 5 Tbsp chia seeds
- 4 strawberries, sliced
- ½ cup blueberries
- 2 Tbsp coconut flakes
- ½ cup almonds
- ½ cup granola



Dr. Helen Stoddart hosts a new season of *Creative Cooking* on 3ABN Dare to Dream Network. Watch her on our 3ABN+ app or on 3ABNPlus.tv.

### DIRECTIONS

1. Place the first five ingredients in a high-speed blender in the order listed. Blend until smooth.
2. Pour mixture into two bowls and divide the toppings between them. Enjoy!

For more great recipes visit [3ABNRecipes.org](http://3ABNRecipes.org)

Find this cooking video on 3ABNPlus.tv! Just look for "The Superbowl" theme in the Creative Cooking playlist on Dare to Dream Network.



**3ABNBibleAnswers.com**

Got Bible questions? Thousands are searching the web for answers this very moment, and now we have an evangelistic resource you can recommend!

**Tell your family. Tell your friends. Share it on social media.**



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