MAY 2024 | 3ABN TV SCHEDULE

PT -2 hours • MT -1 hour • ET +1 hour Red titles are changes effective this month.

GG = CLOSED CAPTIONED ♦ = LIVE PROGRAM ★ = NEW SERIES ♦ = REPEAT OF LIVE PROGRAM

0.00	SUNDAY CENTRAL TIME	
2:00a	It's Coming C 1hr	
3:00	Featured Ministries	
3:30	A Wolf in Sheep's Clothing	
4:00	Thompsonville Worship Hour 4 1hr	
5:00	Spotless CC 1hr	
6:00	Body & Spirit Aerobics 🕶	
6:30	Amazing Facts with Doug Batchelor	
7:00	Ready, Set, X-plore / Critters & Creation	
7:30	Bible Treasures/Fit Club	
8:00	3ABN Today 🕶 1hr	
9:00	Your Favorites By Request	
9:30	Adventures in Missions 🖸	
10:00	3ABN Sabbath School Panel 🖸 1hr	
11:00	3ABN Worship Hour 🚾 1hr	
12:00p	The Incredible Journey CC	
12:30	Down to Earth CC	
1:00	Mark Finley Presents 1hr	
2:00	Body & Spirit 🕶	
2:30	Kids X-Press / Creation Is! Science	
3:00	3ABN Today LIVE • 2hrs	
5:00	The Carter Report 🖸 1hr	
6:00	Jesus for Asia Now 🖸	
6:30	Salvation in Symbols & Signs - Daniel	
7:00	3ABN Sabbath School Panel 🚾 1hr	
8:00	3ABN Today 🚾 1hr	
9:00	Amazing Facts with Doug Batchelor	
9:30	Mission Revival / Recipes from Russia	
10:00	Strategies for Strongholds	
10:30	Lineage CC	
11:00	3ABN Today CC 1hr	
12:00a	Secrets Unsealed Presents 🖸 1hr	

1:00 Celebrating Life in Recovery C 1hr

	MONDAY CENTRAL TIME	
2:00a	Revelation of Hope 🚾 1hr	
3:00	3ABN Homecoming G 1hr	
4:00	Table Talk 🚾 1hr	
5:00	Adventist World Radio 🖸	
5:30	Cook:30 CC	
6:00	Body & Spirit 🕶	
6:30	When We Talk 🖸	
7:00	Tiny Tots for Jesus 🖸	
7:30	Jesus My Light / Creation Crafts 🖸	
8:00	3ABN Today Bible Q & A 🚾 1hr	
9:00	Evolution Impossible 🖸	
9:30	ASAP Ministries CG	
10:00	Prophecy Unsealed 🖈 伍 1hr	
11:00	3ABN Sabbath School Panel 🖸 1hr	
12:00p	Behold the Lamb Presents C 1hr	
1:00	Off the Grid 🚾	
1:30	Abundant Living CG	
2:00	Action 4 Life (Casio Jones)	
2:30	Down to Earth 🖸	
3:00	3ABN Today Bible Q & A 🕶 1hr	
4:00	Kids Camp Kitchen Fun 🖸	
4:30	Tiny Tots Kitchen/Tiny Tots Worship	
	Praise Him Now 🕶	
5:30	IIW Sabbath School CC	
6:00	Spotless C 1hr	
7:00	Unlocking Bible Prophecy	
8:00	3ABN Today Bible Q & A G 1hr	
9:00	Summer Camp Meeting C 1hr	
10:00	The Carter Report 1hr	
11:00	3ABN Today Bible Q & A G 1hr	
12:00a	The Carter Report 1hr	
1:00	Mark Finley Presents C 1hr	

Risë Rafferty uncovers amazing strategies to a healthier life.

After all, we were Made for Health!

WED 3AM & 7PM; FRI 11AM



WED 3AM & 7PM; FRI HAM	
TUESDAY CENTRAL TIME	WEDNESDAY CENTRAL TIME
2:00a Optimize 4 Life CC	2:00a Kenneth Cox Ministries 🚾 1hr
2:30 The Incredible Journey CC	3:00 Made For Health G
3:00 Sanctuary, Salvation, & Our Savior CC	3:30 Mission Revival / Recipes from Russia
3:30 Authentic CC	4:00 Summer Camp Meeting C 1hr
4:00 Piano Praise C 1hr	5:00 White Horse Media
4:30 Adventures in Missions	5:30 Enjoy Healthy Eating CG
5:00 Salvation in Symbols & Signs - Revelation	6:00 Body & Spirit CC
5:30 Child Impact Int./ Pause to Pray CC	6:30 It Is Written CC
6:00 Body & Spirit Aerobics CC	7:00 Amazing Facts with Doug Batchelor
6:30 The Heavens Declare 🖸	7:30 It is Written Canada 🖸
7:00 Tiny Tots for Jesus 🗷	8:00 3ABN Today Cooking 1hr
7:30 Maranatha Mission Stories 🖸	9:00 Shelley Quinn Presents CG
8:00 3ABN Today LIVE • 2hrs	9:30 Thunder in the Holy Land
10:00 It's Coming C 1hr	10:00 3ABN Australia Homecoming C 1hr
11:00 Featured Ministries CC	
11:30 When We Talk G	11:00 The Carter Report 1 1hr
12:00p Mark Finley Presents @ 1hr	
1:00 The Incomparable Jesus CG	1:00 Lineage CC
1:30 Cook:30 CC	1:30 Abundant Living
2:00 Body & Spirit CC	2:00 Action 4 Life CC
2:30 Mission Revival/Journeys G 3:00 3ABN Today G 1hr	2:30 Perfecting Me C
4:00 Bible Gems / Bible Buzz	3:00 3ABN Today Cooking C 1hr
4:30 Kids X-Press / Ready, Set, X-plore CC	4:00 Sing Along / Bible Treasures
5:00 Unshackled Purpose/Intimate Clarity	4:30 Critters & Creation / Fit Club
5:30 Multitude of Counselors	5:00 3ABN Homecoming C 1hr
6:00 Mission 360 C	6:00 When We Talk
6:30 Imperative Life Lessons (C)	6:30 Salvation in Symbols & Signs - Revelation
7:00 Secrets Unsealed Presents C 1hr	7:00 Made For Health 1hr
8:00 3ABN Today CG 1hr	7:30 A Wolf in Sheep's Clothing
9:00 Behold the Lamb Presents C 1hr	8:00 3ABN Today Cooking C 1hr
10:00 Amazing Facts with Doug Batchelor 🖸	9:00 It Is Written 🖸
10:30 Digital Disconnect (CG	9:30 3ABN Music Highlights CC
11:00 3ABN Today CG 1hr	10:00 Love Me G 1hr
12:00a Featured Ministries CC	11:00 3ABN Today Cooking C 1hr
12:30 Jesus For Asia Now CC	12:00a Unlocking Bible Prophecy • 1hr
1:00 Child Impact Int./ Journeys 🕶	1:00 Digital Disconnect <
1:30 The Creator Revealed GG	1:30 Unshackled Purpose/Raw Questions Relevant Answers 😋



Millions are searching for something on social media. Let's give them God's message of hope! Scan the PayPal QR code with your smartphone to help get 3ABN content on social media.



THURSDAY CENTRAL TIME

- 2:00a Laymen Ministries CC
- 2:30 Maranatha Mission Stories CC
- 3:00 House Calls CC 1hr
- 4:00 The Carter Report C 1hr
- 5:00 Discover CC 1hr
- 6:00 Body & Spirit Aerobics
- 6:30 Jesus for Asia Now
- 7:00 Kids Camp Kitchen Fun
- 7:30 Tiny Tots Kitchen /Tiny Tots Worship
- 8:00 3ABN Today C 1hr
- 9:00 ASI Conventions CC 1hr
- 10:00 From Sickness to Health
- 10:30 Eternal Truths Matter
- 11:00 God's Last Message to the World 4 1hr
- 12:00p Spotless CC 1hr
- 1:00 Ultimate Prescription
- 1:30 Amazing Facts with Doug Batchelor

 G
- 2:00 Body & Spirit CC
- 2:30 Country Wisdom
- 3:00 3ABN Today CC 1hr
- 4:00 Creation Crafts / Creation Is! Science
- 4:30 The Creation Case
- 5:00 Sabbath School Panel C 1hr
- 6:00 The Carter Report C 1hr
- 0.00 The outer hoport La ini
- 7:00 Bible Answers Live C 1hr
- 8:00 3ABN Today LIVE 4 2hrs
- 10:00 Kenneth Cox Ministries 4 1hr
- 11:00 3ABN Today **CC** 1hr
- 12:00a Bible Answers Live C 1hr
- 1:00 3ABN Today LIVE 2 2hrs

FRIDAY CENTRAL TIME

- 3:00 Strategies for Strongholds
- 3:30 Live to Be Well
- 4:00 The Incomparable Jesus
- 4:30 Action 4 Life CC
- 5:00 Evolution Impossible
- 5:30 Ultimate Prescription
- 6:00 Body & Spirit CC
- 6:30 Contending for the Faith
- 7:00 Amazing Adventures

 1hr
- 8:00 3ABN Today C 1hr
- 9:00 Optimize 4 Life CC 1hr
- 9:30 Cook:30
- 10:00 Enjoy Healthy Eating
- 10:30 Life After Choice / Divine Design
- 11:00 Made For Health
- 11:30 Unshackled Purpose/Recipes from Russia
- - 1:00 Behold the Lamb Presents C 1hr
 - 2:00 Raw Questions Relevant Answers/Journeys
 - 2:30 HeartLift CC
 - 3:00 3ABN Today C 1hr
 - 4:00 A Day With the King
 - 4:30 Sing Along / Jesus My Light
 - 5:00 Authentic CC
 - 5:30 Your Favorites By Request
 - 6:00 Jesus for Asia Now CC
 - 6:30 Child Impact Int./Unshackled Purpose
 - 7:00 3ABN Sabbath School Panel C 1hr
 - 8:00 3ABN Today Family Worship C 1hr
- 9:00 It is Written CC
- 9:30 Maranatha Mission Stories CC
- 10:00 Mission 360 CC
- 10:30 Child Impact Int. / Pause to Pray
- 11:00 3ABN Today Family Worship 1hr
- 12:00a ASI Conventions C 1hr
- 1:00 Breath of Life
- 1:30 Eternal Truths Matter CC



Encouraging scriptures with beautiful photography by Cinda Sanner

SATURDAY CENTRAL TIME

- 2:00a Praise! CC
- 2:30 It Is Written CC
- 3:00 Daniel All Access C 1hr
- 4:00 Revelation Now C 1hr
- 5:00 Revelation Insights C 1hr
- 6:00 Amazing Facts with Doug Batchelor
- 6:30 Tiny Tots for Jesus CC
- 7:00 Sing Along / Bible Gems C
- 7:30 IIW Sabbath School
- 8:00 3ABN Today CC 1hr
- 9:00 3ABN Sabbath School Panel C 1hr
- 10:00 3ABN Worship Hour C 1hr
- 11:00 Pioneer Media CC 1hr
- 12:00p Summer Camp Meeting C 1hr
- 1:00 3ABN Today Bible Q&A CC 1hr
- 2:00 Praise Him Now CC
- 2:30 Adventist World Radio
- 3:00 3ABN Today CC 1hr
- 4:00 Maranatha Mission Stories CG
- 4:30 3ABN Music Highlights CC
- 5:00 Breath of Life CC
- 5:30 Featured Ministries
- 6:00 Laymen Ministries CC
- 6:30 Salvation in Symbols and Signs
- 7:00 Secrets Unsealed Presents 1hr
- 8:00 3ABN Today CC 1hr
- 9:00 White Horse Media
- 9:30 Sanctuary, Salvation, & Our Savior
- 10:00 Mark Finley Presents C 1hr
- 11:00 3ABN Today CC 1hr
- 12:00a Discover CC 1hr
 - 1:00 Secrets Unsealed Presents CC 1hr



Messages of Hope & Comfort

Are you discouraged? Do you wonder where you'll find the strength to hang on for one more day? If so, then this book is for you!

As you marvel at God's beautiful Creation and read His powerful promises, you will find the comfort and strength that only comes from above.

Without a doubt, you will know that your Heavenly Father cares about what you're going through. He will walk with you through every trial.

You are His child—and He will never leave you to face your trials alone!

Proceeds from this beautiful book benefit the 3ABN Kids Network.

Messages of Hope and Comfort BSPB

*Free shipping in the U.S.

\$30 Suggested Donation*